



**Kittitas County Public Hospital District No. 2
BOARD OF COMMISSIONERS' MEETING**

April 19, 2021

6:30 p.m.

**Hybrid Meeting (In person attendance limited to invitees:
Commissioners (5) and Administrative Staff (5) at FM-C and
call in option for public)**

Toll-Free Number: 877-853-5257 US

Meeting ID: 258 476 6248

Passcode: 12345

AGENDA

- I. Introductions**
- II. Approval of Agenda** (1)
- III. Approval of Minutes**
 - a. March 15, 2020 (Regular Meeting)* (2-3)
- IV. Public Comments/Announcements/Correspondence**
- V. Reports:**
 - a. Operations Report (G. Scherer)* (4-8)
 - b. Superintendent's Report (J. Petersen) (9)
 - c. Ancillary Report (R. Holden) (10-11)
 - d. Finance Report, Approval of Expenses* (S. Olander) (12-23)
 - e. Station 99 Updates (R. Kaiser/R. Urlacher) (24)
- VI. Old Business**
- VII. New Business**
 - a. Next Meeting Date: May 17, 2021
- VIII. Executive Session**
 - a. Recess into Executive Session, Personnel – RCW 42.30.110 (g)
 - b. Convene to Open Session
- IX. Adjournment**

Note: Upcoming Agenda Items

- Open Door Clinic Quarterly Report
- District 7 Mechanic

Key:

*Action Item



Kittitas County Public Hospital District #2

BOARD MEETING MINUTES

Meeting Date: Monday: March 15, 2021
Minutes of: Regular Meeting of the Board of Commissioners
Meeting Place: KVH Family Medicine Clinic, Cle Elum, WA
Minutes Submitted By: Scott Olander, Treasurer

Call to Order:

Regular Meeting: Call to order made by Commissioner Vatheuer at 6:30 p.m.

Introductions:

Commissioners: Kevin Nicholson, Hartwig Vatheuer, Carrie Youngblood, Floyd Rogalski (excused) and Fred Benjamin (excused). Superintendent: Julie Petersen; Treasurer: Scott Olander; Ancillary Operations; Rhonda Holden and EMS Manager: Geoff Scherer

Approval of Agenda:

Action: A motion to approve the agenda was made by Commissioner Nicholson and seconded by Commissioner Vatheuer. Motion carried.

Oath of Office:

Superintendent Julie Petersen swore in Commissioner Carrie Youngblood as a new Hospital District 2 Commissioner.

Approval of Minutes:

Action: A motion to approve the minutes of the February 15, 2021 Regular Meeting was made by Commissioner Nicholson and seconded by Commissioner Youngblood. Motion carried.

Public Comments/Announcements/Correspondence:

None.

Operations Report:

The Commissioners reviewed the written operations report and operating statistics for February 2021. There were 61 transports in February and the budget was for 61 transports. Geoff and the ambulance crews have administered the COVID-19 vaccine to about 40 patients at their home. The ambulance crew members are continuing to help out daily at the COVID-19 testing clinic in Cle Elum by calling patients with their test results and documenting the phone call in the Cerner electronic medical records system. The cooperation between Medic One and Snoqualmie Pass Fire and Rescue with patient

transport is excellent. Geoff has finalized the purchase of a new ambulance Medic 9. The new ambulance will be delivered in November or December 2021.

Superintendent's Report:

The Commissioners reviewed the written superintendent's report. In addition to the superintendent's report, Julie advised that half of the ambulance garage construction cost may be paid for by a grant from the legislature.

Ancillary Report:

The Commissioners reviewed the written ancillary report.

Finance Report:

The financial statements for February 2021 were reviewed by the Commissioners. The review included a review of actual versus budgeted revenue and expense variances. February transports of 61 were right at the transport budget. YTD transports of 133 were 6 transports more than the prior year. Average charges per transport was below budget by \$283 per transport which was the reason for a negative transport revenue variance of \$17,251. February contractual adjustments were below budget by \$7,614. February expenses were below budget in nearly every budget category. Total expenses were below budget by \$16,250. Medic One reported a positive Net Income of \$15,084 for February compared to budgeted Net Income of \$3,627; a positive variance of \$11,457. YTD Net Income is \$27,036 compared to the budget of \$5,288; a positive variance of \$21,748.

Action: A motion to approve the checks for February was made by Commissioner Nicholson and seconded by Commissioner Youngblood. Motion carried.

FEMA Public Assistance Grant Application:

Through some research by Geoff he has learned that there is the potential for the District to receive some FEMA funds to offset the cost of administering the COVID-19 vaccine. The application requires a resolution by the Commissioners to approve the Public Assistance Grant Application.

Action: A motion to approve the FEMA Public Assistance Grant Application was made by Commissioner Nicholson and seconded by Commissioner Youngblood. Motion carried.

The next regular meeting date: April 19, 2021 at KVH Family Medicine, Cle Elum or possibly via telephone or Zoom.

Executive Session:

There was no executive session.

Announcements:

There being no further business the regular meeting was adjourned at 7:15 pm by Commissioner Vatheuer.

Operation's Manager Report – March 2021

	March 2021	March 2020
Calls for Service	117	110
Patient Count	75	74
Patient Transports	61	54
Patient Refusals	6	8
Year to Date Transports	192	179
Station #73 Transports	23	
Station # 99 Transports	30	
M992 At Snow Pass	8	

PERSONNEL

I have been using Carol, a part-time EMT's for back filling the upper county and lower county vaccine clinics. She has done 88 hours for the month of March. I continue to track these hours for possible FEMA reimbursement. We had 48 hours of probationary medic training in March 2021.

APPARATUS

All apparatus has been working well. The mechanic at District 7 put in his resignation, his last day was March 19th. I have been working with Fire District 1 (Thorp) and Fire District 6 (Ronald) to find a space for him to work on our apparatus. Fire District 6 may have a space in their newer station up at lake Cle Elum. Currently I have contracted with him to come over to station 99 and do minor service work on all the apparatus, such as oil changes and "A" inspections. M6 or M5 continue to be used for the Snoqualmie Pass 12-hour shifts on Saturday and Sunday and will continue thru the first 2 weeks of April. M9 has been ordered, I would like to have approval to order the Power Load system like M7 and M8, cost is not to exceed \$25,000.

Year	Unit	Beg ODO	End ODO	Miles	Location	Comments
2019	M8	23,959	26,753	2,794	Station 99	1 st Out
2018	M7	61,003	64,389	3,386	Station 73	1 st Out
2016	M6	115,059	116,416	1,357	Station 73	Backup
2016	M5	134,613	134,778	165	Station 99	Backup
Total Miles				7,702		

MISCELLANES

- The single resource Medic at Snoqualmie Pass ran 30 calls with 8 ALS transports.
- The crews continue to help out calling patients with their Covid-19 results and documenting it in their medical record.
- I have continued to help the vaccine branch give vaccine to our home bound residents thru out the county.
- January overlapping calls were 29.93% or 44 calls, February overlapping calls were 41.67% or 50 calls, March overlapping calls were 24.75% or 29 calls.
- February Level Zero Hours 3.7

Kittitas County Hospital District #2

Patient Transport Count per Destination - 2021

Hospital	YTD	Jan	Feb	Mar
Central Washington Hospital	0	0	0	0
Harborview	10	4	2	4
KVH	139	53	44	42
Snoqualmie Valley Hospital	10	4	4	2
Swedish Issaquah	16	7	5	4
Virginia Mason	0	0	0	0
Yakima Regional	0	0	0	0
Yakima Memorial	2	2	0	0
Childrens	1	0	1	0
University of Washington	1	0	1	0
Valley Renton	2	1	0	1
Overlake	13	3	2	8

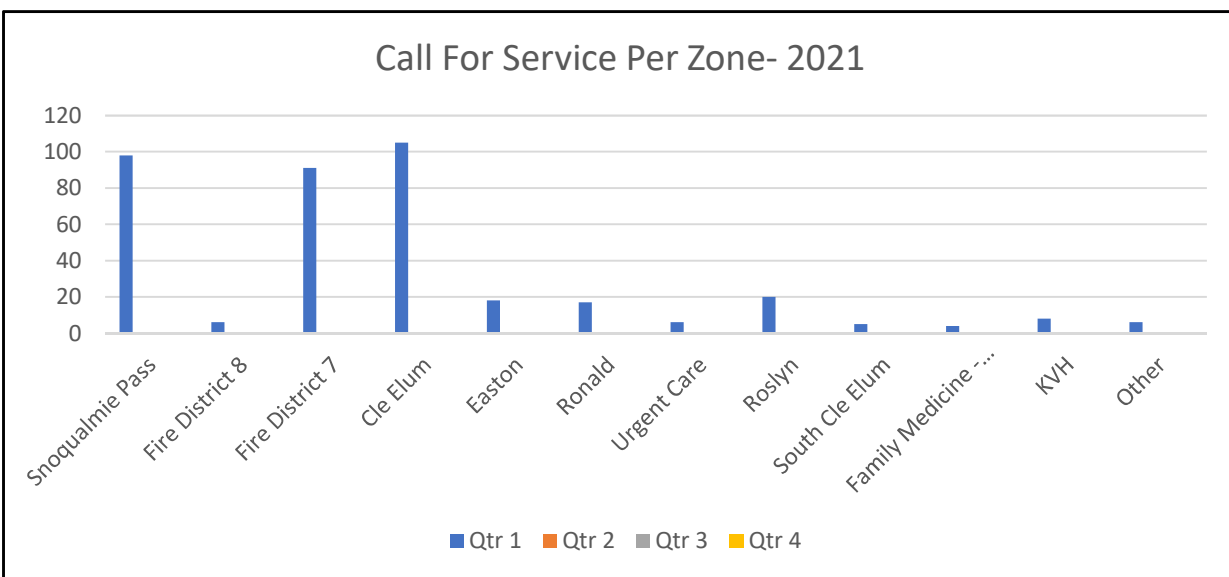
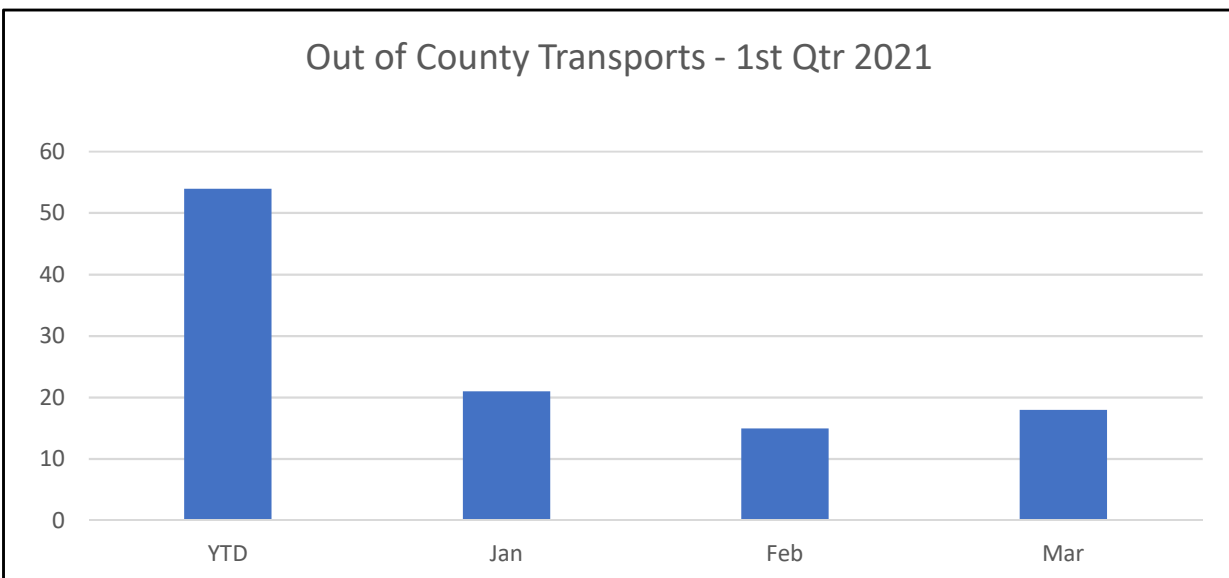
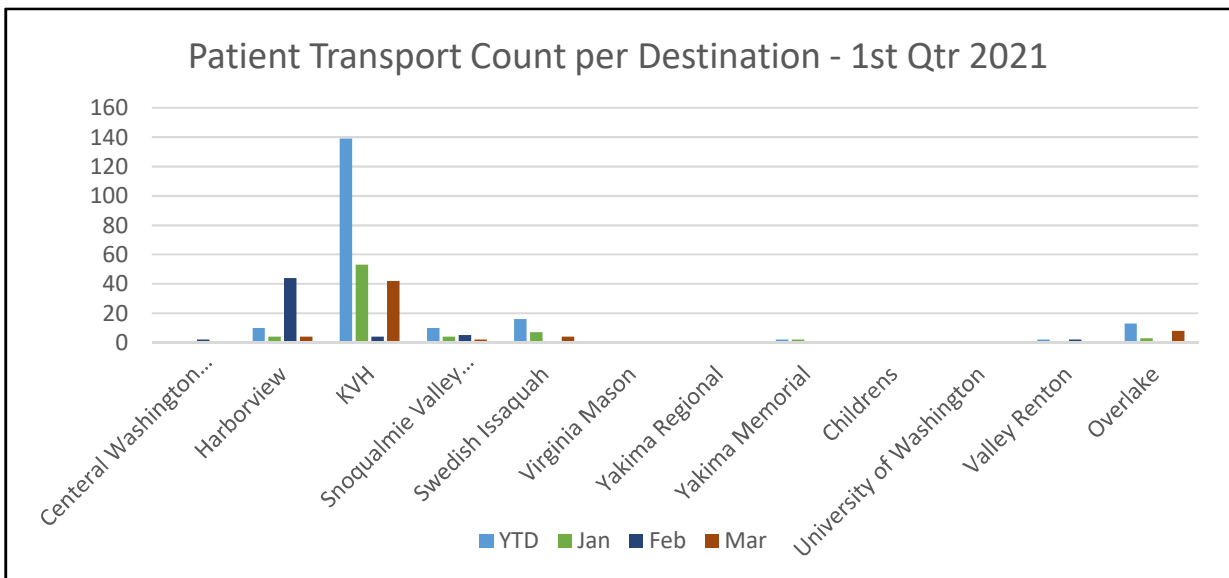
	YTD	Jan	Feb	Mar
Out of County Transports	54	21	15	18

Call For Service Per Zone

Zone	YTD	Jan	Feb	Mar
Snoqualmie Pass	98	34	34	30
Fire District 8	6	2	4	0
Fire District 7	91	45	21	25
Cle Elum	105	33	37	35
Easton	18	8	5	5
Ronald	17	6	5	6
Urgent Care	6	1	4	1
Roslyn	20	7	5	8
South Cle Elum	5	2	1	2
Family Medicine - Cle Elum	4	2	1	1
KVH	8	5	1	2
Other	6	2	2	2

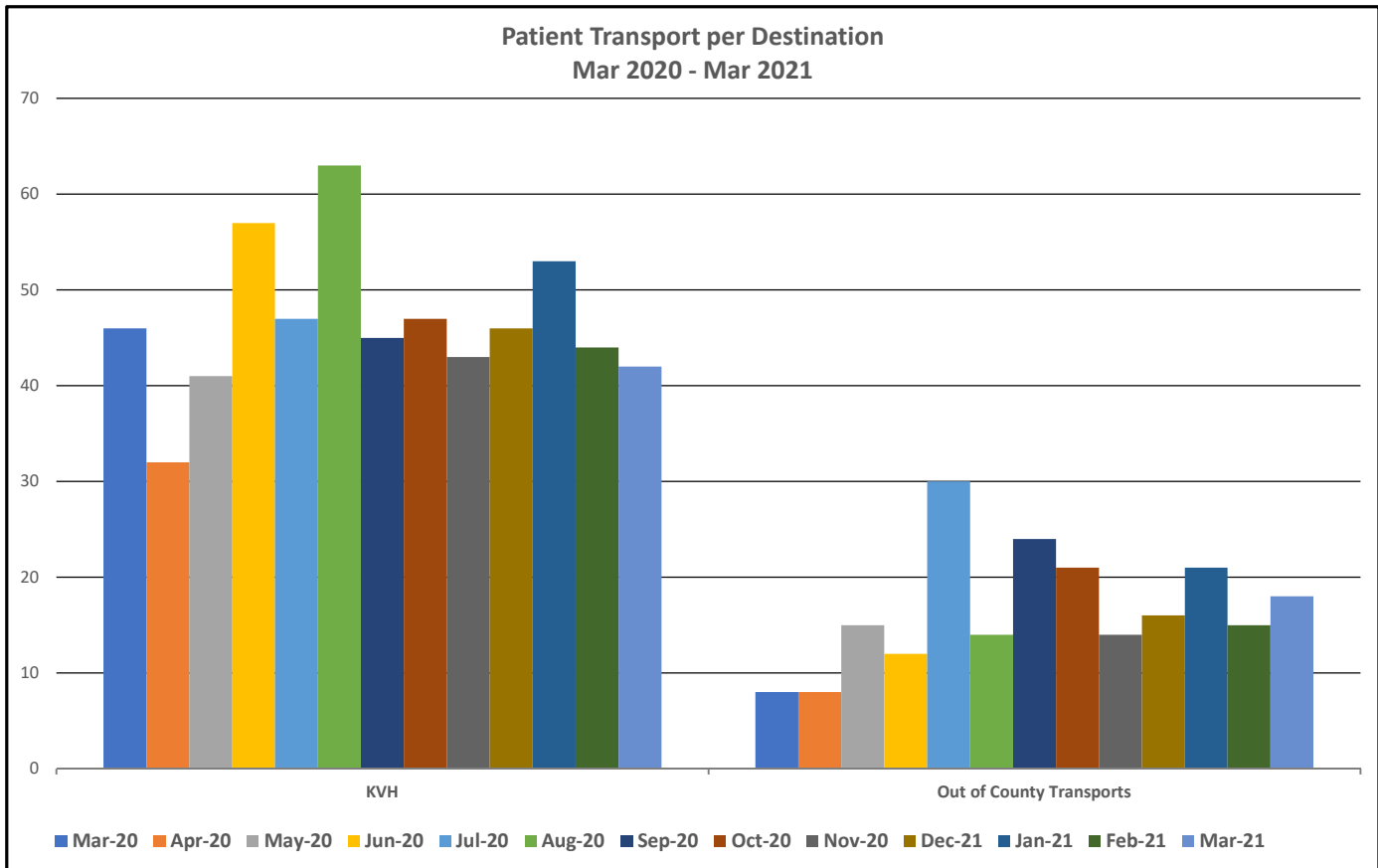
Zone	YTD	Qtr 1	Qtr 2	Qtr 3	Qtr 4
Snoqualmie Pass	98	98	0	0	0
Fire District 8	6	6	0	0	0
Fire District 7	91	91	0	0	0
Cle Elum	105	105	0	0	0
Easton	18	18	0	0	0
Ronald	17	17	0	0	0
Urgent Care	6	6	0	0	0
Roslyn	20	20	0	0	0
South Cle Elum	5	5	0	0	0
Family Medicine - Cle Elum	4	4	0	0	0
KVH	8	8	0	0	0
Other	6	6	0	0	0

Comments:



Patient Transport per Destination

Hospital	Mar-20	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-21	Jan-21	Feb-21	Mar-21
Central Washington Hospital	1	0	0	2	1	0	0	0	0	0	0	0	0
Harborview	0	1	1	3	4	3	1	3	4	6	4	2	4
Snoqualmie Valley Hospital	0	0	1	0	1	1	1	0	0	0	4	4	2
Swedish Issaquah	6	3	6	4	13	6	10	12	6	3	7	5	4
Virginia Mason	0	1	0	0	1	0	1	0	0	0	0	0	0
Yakima Regional	0	0	0	0	0	0	0	0	0	0	0	0	0
Yakima Memorial	1	1	1	1	3	0	5	0	3	4	2	0	0
Children's	0	0	1	0	0	0	2	0	0	0	0	1	0
University of Washington	0	0	1	0	1	0	0	3	0	0	0	1	0
Other	0	0	0	0	2	2	0	0	0	0	1	0	1
Overlake	0	2	0	2	4	2	4	3	1	3	3	2	8
KVH	46	32	41	57	47	63	45	47	43	46	53	44	42
Out of County Transports	8	8	15	12	30	14	24	21	14	16	21	15	18

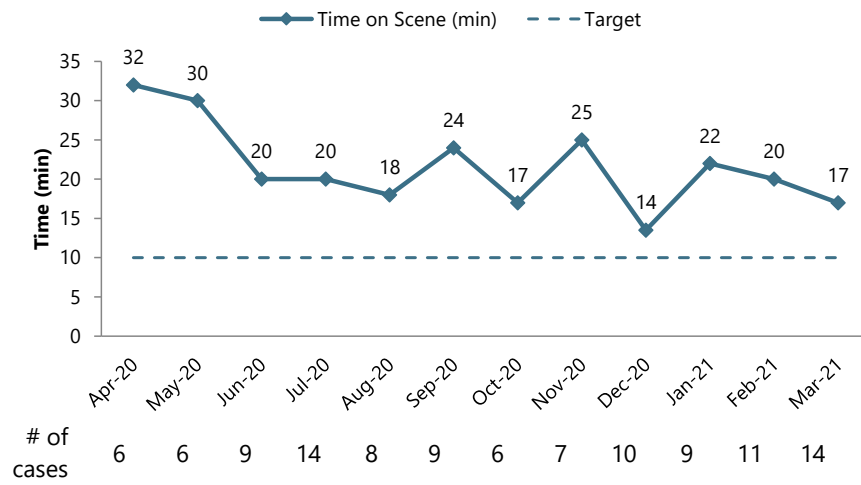


Kittitas County Public Hospital District No. 2

Quality Metrics

Time on Scene

for trauma patients





SUPERINTENDENT'S REPORT – Julie Petersen

April 2021

State Legislature and Budget

In June of 2020 healthcare providers who are reliant on public payers like Medicaid and L&I began preparing for a state budget showdown. We anticipated an enormous Covid-19 related budget shortfall. Instead, we have spent much more time defending against policy and regulatory challenges than reimbursement issues.

The legislature met virtually, of course, which was less than ideal from a transparency and advocacy perspective. Testimony was awkward and committee work difficult to follow. There was a concerted effort to narrow the number and scope of the bills being introduced but, none the less, there was plenty to advocate for and defend against.

Bills still moving through the process will provide rural residents with additional access to telemedicine including audio only and behavioral health. Some of the waivers, that the state was slow to enact, will be available more readily in the case of another state-wide state of emergency. At this writing the question of whether providers will have some legal liability protections during a state of emergency is still up in the air.

I don't think anyone was surprised to see a number of bills introduced based on labor issues that have emerged during the pandemic. They included bills that would have created regional, rather than local, public health jurisdictions, bills that created a presumption of work related exposure for anyone affiliated with a healthcare provider and new PPE regulations to mention a few. Several of these bills are still moving but, due to advocacy efforts, they are "less bad" in their current form than they were originally.

The last report I received is that our capital request for state funding for the Ambulance Station was still in the budget.

COVID-19 and Vaccine Related News

I had planned to update the Board on an anticipated May 1, J&J vaccine clinic in Upper County, but breaking news has intervened. Plans for upper county and CWU that focused largely on J&J are all up in the air. Using Moderna and Pfizer, we continue to provide more than 1,000 doses, both primary and booster, each week.

Testing volumes, while down from the peak of hundreds a day, are still steady. Unfortunately our positivity rate also remains steady and is higher than desirable. Our plan is that testing, as well as vaccines, will continue to be available in both Hospital Districts. I will provide an up-to-the-minute update at the meeting.

Ancillary Services report to Hospital District #2 Board of Commissioners April 2021

Ancillary Service Operation Report:

Covid-19 Vaccination Clinic & Testing:

As Covid-19 vaccinations are being offered in local pharmacies and the County Incident Management Team (IMT) is moving out of large scale vaccination clinics, we are looking to safely begin offering vaccinations and testing out of the same location on the KVH campus. This will likely be designed to offer vaccinations in the mornings and testing in the afternoons, allowing us to keep patients potentially infectious with Covid-19 away from those arriving for a vaccination.

Kittitas County IMT hosted a vaccination clinic on Saturday April 10 in Ellensburg with the Johnson & Johnson vaccine. They are coordinating a Mass Vaccination Drive-thru Clinic in Cle Elum with the Army National Guard. A tentative date is for Saturday May 1 at the Cle Elum Roslyn High School.

Covid-19 Treatments at KVH:

Our P&T Committee has approved tocilizumab and bamlanivimab/etesevimab combination therapy to be utilized at KVH. Tocilizumab is currently approved by the FDA for treatment of various types of arthritis and cytokine release syndrome. Research is showing improved outcomes when tocilizumab is used in conjunction with dexamethasone in hospitalized patients. Bamlanivimab was previously given an FDA Emergency Use Authorization for treatment of Covid-19 patients prior to admission to the hospital or requiring oxygen use. More recent research shows that bamlanivimab combined with etesevimab is more promising to prevent hospitalization or further progression of illness. Informed consents and order sets have been developed for these medications to be utilized at KVH. The P&T Committee has also removed Covid-19 Convalescent Plasma from our formulary due to ongoing research finding it to be less beneficial than originally thought.

Cle Elum Physical Therapy:

NW PT has signed a lease on the Parlour Car building and hope to reopen in that location in 2 months. FMC PT continues to be quite busy- we saw 40 new patient evaluations in March. Nathan had a 92% productivity rate and Joe had an 87% productivity rate (target 75%). Cancellation rates are 6-9% between the two therapists (target less than 15%). We are working with the KVH Preop Clinic and Ortho to prioritize surgical patients needing PT in Cle Elum.

Pharmacy:

Staff continue to be very busy supporting the Covid-19 Vaccination efforts. Pharmacy students have been very helpful in drawing up the vaccines for the Ellensburg clinics.

EMS & Trauma Steering Committee:

My work on the committee has had me reviewing Regional EMS & Trauma Plans for the Central and Southwest Regions. It is very interesting to learn about the challenges and accomplishments of other regions in the state.

Laboratory:

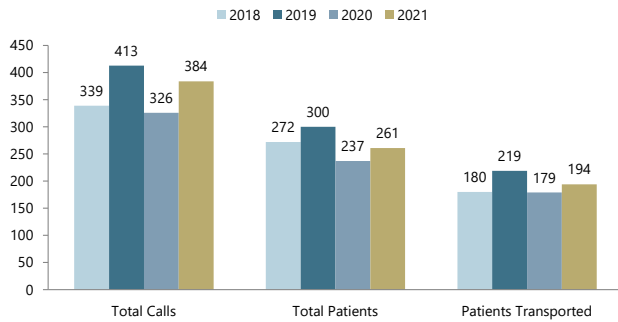
We are very busy finalizing the expansion plans so that we can have a final DOH review and then send them out to bid. There has been considerable escalation of construction costs since our cost estimate, which is concerning to our team.

American Red Cross has historically picked up unused blood products that are close to their expiration date and distributed them to larger facilities to use. They have notified us that they are no longer going to provide this service. We are reaching out to other blood banks to see if they will service our area. In the meantime, lab is taking steps to release blood products based on compatibility and expiration date, rather than type specific.

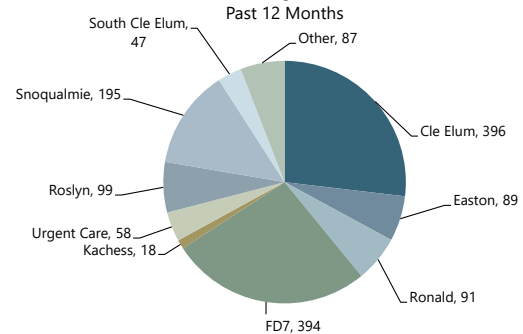
Respectfully submitted by Rhonda Holden, MSN, CENP

Kittitas County Public Hospital District No. 2

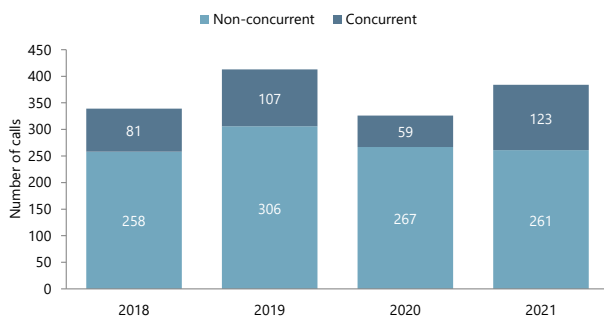
Volumes, YTD



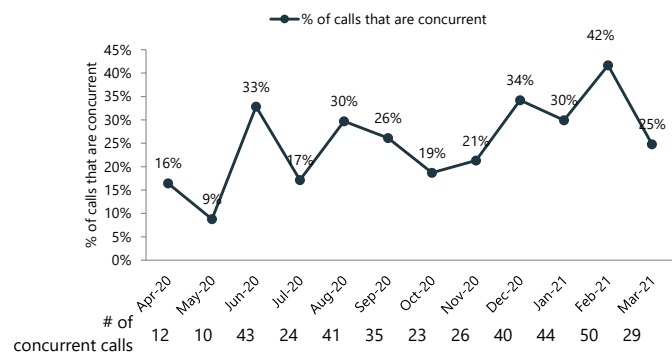
Calls by Zone



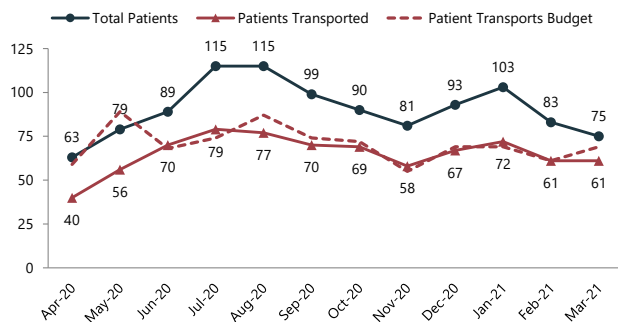
Concurrent Calls, YTD



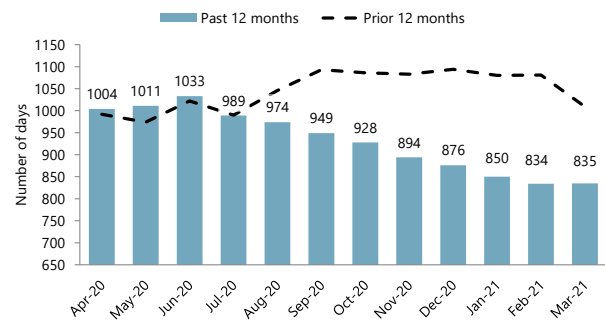
Concurrent Calls



Patients and Transports



Days Cash on Hand



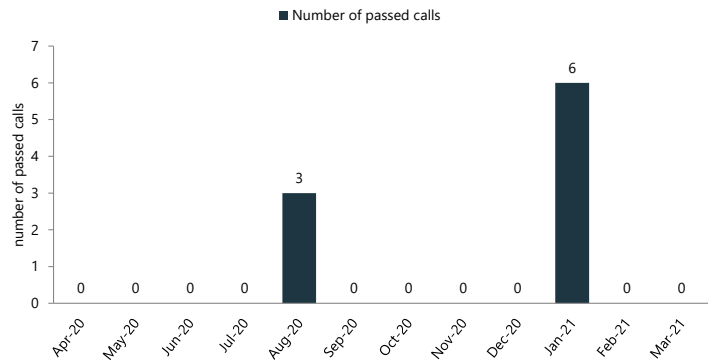
Kittitas County Public Hospital District No. 2

Turnout Time - Dispatch to Enroute

4/1/2020 to 3/31/2021

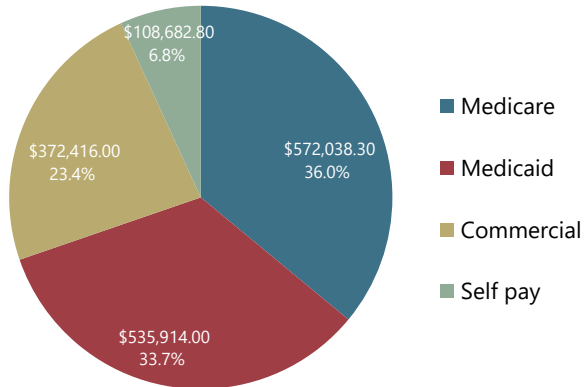
Apparatus	Responses	Turnout Time
A511 (CEFD)	1	4:57
<i>CEFD Overall</i>	<i>1</i>	<i>4:57</i>
A731 (FD7)	1	0:34
<i>FD7 Overall</i>	<i>1</i>	<i>0:34</i>
M931(HD2)	533	2:17
M932 (HD2)	17	1:20
M991 (HD2)	768	2:07
M992 (HD2)	60	2:17
<i>HD2 Overall</i>	<i>1378</i>	<i>2:11</i>

Passed Calls



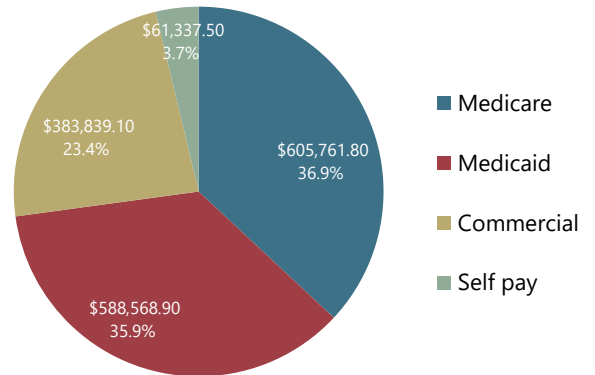
Payor Mix by Charges

1/1/2020 to 12/31/2020



Payor Mix by Charges

1/1/2019 to 12/31/2019



Kittitas County Hospital Dist 2
Statement of Revenue and Expense

MEDICAL BILLABLE RUNS	61	69	(8)	194	199	(5)	181
AVERAGE CHARGE PER RUN	2,473	2,197	276	2,092	2,212	(120)	1,981
	Current Month			Year to Date			Prior
	Actual	Budget	Variance	Actual	Budget	Variance	YTD
INTEREST INCOME	(40)	100	(140)	978	300	678	25,392
RENTAL INCOME	23,719	23,719	(0)	71,157	71,155	1	69,717
OTHER OPERATING REVENUE	0	0	0	0	0	0	1,760
AMBULANCE REVENUE	150,863	151,611	(748)	405,841	440,163	(34,322)	358,576
TOTAL REVENUE	174,541	175,430	(889)	477,976	511,618	(33,643)	455,445
CONTRACTUAL ADJUSTMENTS	58,082	59,447	(1,365)	156,249	172,589	(16,340)	140,351
BAD DEBT	8,750	7,406	1,344	23,133	21,503	1,630	18,516
CHARITY CARE	0	305	(305)	0	911	(911)	0
DEDUCTIONS FROM REVENUE	66,832	67,158	(326)	179,382	195,003	(15,621)	158,867
NET OPERATING REVENUE	107,709	108,272	(563)	298,594	316,615	(18,021)	296,578
SALARIES AND WAGES	99,789	101,925	(2,136)	284,909	295,977	(11,068)	257,682
EMPLOYEE BENEFITS	34,615	33,448	1,167	93,247	99,040	(5,793)	84,538
PROFESSIONAL FEES	0	1,265	(1,265)	2,036	3,793	(1,757)	14,731
SUPPLIES	8,523	11,745	(3,222)	30,048	34,945	(4,897)	46,727
UTILITIES	2,584	2,652	(68)	7,221	7,959	(738)	8,031
PURCHASED SERVICES	25,125	23,100	2,025	65,941	72,596	(6,655)	70,180
CEUCC SUBSIDY EXPENSE	15,935	15,935	(0)	47,804	47,800	4	46,867
DEPRECIATION	25,865	27,430	(1,565)	75,097	82,298	(7,201)	76,879
INSURANCE	3,252	2,517	735	9,800	7,552	2,248	6,182
LICENSES AND TAXES	1,412	1,250	162	3,489	3,750	(261)	3,272
INTEREST EXPENSE	10,809	10,809	0	32,428	32,431	(3)	34,826
TRAVEL AND EDUCATION	0	2,909	(2,909)	2,106	8,733	(6,627)	5,381
OTHER DIRECT EXPENSES	431	817	(386)	3,162	2,454	708	2,306
EXPENSES	228,339	235,802	(7,463)	657,287	699,328	(42,040)	657,602
OPERATING INCOME (LOSS)	(120,630)	(127,530)	6,900	(358,693)	(382,712)	24,019	(361,025)
TAX LEVY INCOME	131,717	130,238	1,479	396,816	390,708	6,108	369,343
NON-OPERATING BOND ISSUE C	0	0	0	0	0	0	0
NET INCOME (LOSS)	11,087	2,708	8,379	38,123	7,996	30,127	8,319
DAYS CASH ON HAND	835.0						
AR DAYS	76.1						
CURRENT RATIO	9.40						
COMMITTED CAPITAL FUNDS:							
AMBULANCE GARAGE	4,140,307						
TOTAL COMMITTED FUNDS	4,140,307						
PROJECTS IN PROGRESS	1,025,930						
COMMITTED FUNDS BALANCE	3,114,377						
TW CLARK TOTAL CONTRACT	2,589,000						
TOTAL PAID	470,565						
TW CLARK BALANCE	2,118,435						
DAYS CASH AFTER COMMITTED	172						

Kittitas County Hospital Dist 2
Statement of Revenue and Expense

MEDICAL BILLABLE RUNS	61	69	(8)	194	199	(5)	181
AVERAGE CHARGE PER RUN	2,473	2,197	276	2,092	2,212	(120)	1,981
	Current Month			Year to Date			Prior
	Actual	Budget	Variance	Actual	Budget	Variance	YTD
INTEREST INCOME	0	0	0	0	0	0	0
RENTAL INCOME	0	0	0	0	0	0	0
OTHER OPERATING REVENUE	0	0	0	0	0	0	1,760
AMBULANCE REVENUE	150,863	151,611	(748)	405,841	440,163	(34,322)	358,576
TOTAL REVENUE	150,863	151,611	(748)	405,841	440,163	(34,322)	360,336
CONTRACTUAL ADJUSTMENTS	58,082	59,447	(1,365)	156,249	172,589	(16,340)	140,351
BAD DEBT	8,750	7,406	1,344	23,133	21,503	1,630	18,516
CHARITY CARE	0	305	(305)	0	911	(911)	0
DEDUCTIONS FROM REVENUE	66,832	67,158	(326)	179,382	195,003	(15,621)	158,867
NET OPERATING REVENUE	84,030	84,453	(423)	226,459	245,160	(18,701)	201,469
SALARIES AND WAGES	99,789	101,302	(1,513)	284,945	294,106	(9,161)	255,241
EMPLOYEE BENEFITS	34,615	33,400	1,215	93,250	98,900	(5,650)	84,348
PROFESSIONAL FEES	0	0	0	0	0	0	0
SUPPLIES	8,523	11,742	(3,219)	30,023	34,936	(4,913)	46,698
UTILITIES	2,418	2,499	(81)	6,888	7,499	(611)	7,575
PURCHASED SERVICES	13,710	13,752	(42)	32,429	41,250	(8,822)	44,027
CEUCC SUBSIDY EXPENSE	0	0	0	0	0	0	0
DEPRECIATION	11,888	13,196	(1,308)	34,518	39,592	(5,074)	35,849
INSURANCE	794	649	145	2,236	1,953	282	1,590
LICENSES AND TAXES	1,412	1,250	162	3,489	3,750	(261)	3,272
INTEREST EXPENSE	0	0	0	0	0	0	0
TRAVEL AND EDUCATION	0	2,893	(2,893)	2,106	8,683	(6,577)	5,251
OTHER DIRECT EXPENSES	30	57	(27)	30	171	(141)	30
EXPENSES	173,178	180,740	(7,562)	489,915	530,841	(40,926)	483,881
OPERATING INCOME (LOSS)	(89,148)	(96,287)	7,139	(263,456)	(285,681)	22,226	(282,412)
TAX LEVY INCOME	63,263	62,947	316	189,462	188,837	625	178,450
NON-OPERATING BOND ISSUE C	0	0	0	0	0	0	0
NET INCOME (LOSS)	(25,885)	(33,340)	7,455	(73,994)	(96,844)	22,851	(103,963)

Kittitas County Hospital Dist 2
Statement of Revenue and Expense

	Current Month			Year to Date			Prior
	Actual	Budget	Variance	Actual	Budget	Variance	YTD
INTEREST INCOME	(40)	100	(140)	978	300	678	25,392
RENTAL INCOME	23,719	23,719	(0)	71,157	71,155	1	69,717
OTHER OPERATING REVENUE	0	0	0	0	0	0	0
AMBULANCE REVENUE	0	0	0	0	0	0	0
TOTAL REVENUE	23,679	23,819	(140)	72,135	71,455	679	95,109
CONTRACTUAL ADJUSTMENTS	0	0	0	0	0	0	0
BAD DEBT	0	0	0	0	0	0	0
CHARITY CARE	0	0	0	0	0	0	0
DEDUCTIONS FROM REVENUE	0	0	0	0	0	0	0
NET OPERATING REVENUE	23,679	23,819	(140)	72,135	71,455	679	95,109
SALARIES AND WAGES	0	623	(623)	(37)	1,871	(1,908)	2,441
EMPLOYEE BENEFITS	0	48	(48)	(3)	140	(143)	190
PROFESSIONAL FEES	0	1,265	(1,265)	2,036	3,793	(1,757)	14,731
SUPPLIES	0	3	(3)	25	9	16	29
UTILITIES	166	153	13	332	460	(128)	456
PURCHASED SERVICES	11,415	9,348	2,067	33,512	31,345	2,167	26,153
CEUCC SUBSIDY EXPENSE	15,935	15,935	(0)	47,804	47,800	4	46,867
DEPRECIATION	13,977	14,234	(257)	40,579	42,706	(2,127)	41,030
INSURANCE	2,458	1,868	590	7,564	5,598	1,966	4,591
LICENSES AND TAXES	0	0	0	0	0	0	0
INTEREST EXPENSE	10,809	10,809	0	32,428	32,431	(3)	34,826
TRAVEL AND EDUCATION	0	16	(16)	0	50	(50)	129
OTHER DIRECT EXPENSES	401	760	(359)	3,132	2,283	849	2,276
EXPENSES	55,161	55,062	99	167,372	168,486	(1,114)	173,721
OPERATING INCOME (LOSS)	(31,482)	(31,243)	(239)	(95,237)	(97,031)	1,794	(78,612)
TAX LEVY INCOME	68,454	67,291	1,163	207,354	201,871	5,483	190,894
NON-OPERATING BOND ISSUE C	0	0	0	0	0	0	0
NET INCOME (LOSS)	36,972	36,048	924	112,117	104,840	7,277	112,281
DAYS CASH ON HAND	835.0						
AR DAYS	76.1						
CURRENT RATIO	9.40						
COMMITTED CAPITAL FUNDS:							
AMBULANCE GARAGE	4,140,307						
TOTAL COMMITTED FUNDS	4,140,307						
PROJECTS IN PROGRESS	1,025,930						
COMMITTED FUNDS BALANCE	3,114,377						
TW CLARK TOTAL CONTRACT	2,589,000						
TOTAL PAID	470,565						
TW CLARK BALANCE	2,118,435						
DAYS CASH AFTER COMMITTED	172						

Kittitas County Hospital Dist 2

Balance Sheet

	<u>Year to Date</u>	<u>Prior Year End</u>	<u>Change</u>
CASH	2,151,442	2,393,387	(241,945)
ACCOUNTS RECEIVABLE	234,031	230,191	3,840
TAXES RECEIVABLE	1,553,598	40,657	1,512,941
PREPAIDS	28,289	13,862	14,427
INVESTMENTS	3,062,010	3,073,167	(11,158)
CURRENT ASSETS	7,029,371	5,751,265	1,278,106
LAND	843,524	843,524	0
PROPERTY, PLANT, & EQUIPMENT	7,585,422	7,549,598	35,824
ACCUMULATED DEPRECIATION	(3,623,601)	(3,548,504)	(75,097)
NON CURRENT ASSETS	4,805,345	4,844,618	(39,273)
NET PENSION ASSET	528,878	528,878	0
DEFERRED OUTFLOWS	70,990	70,990	0
ASSETS	12,434,583	11,195,751	1,238,832
ACCOUNTS PAYABLE	40,868	123,734	(82,867)
INTEREST PAYABLE	43,508	11,080	32,428
ACCRUED PAYROLL	43,018	32,979	10,039
ACCRUED BENEFITS	96,974	76,614	20,360
CEUCC SUBSIDY PAYABLE	235,270	187,466	47,804
CURRENT PORTION REVENUE BOND - LTGO	288,551	288,551	0
CURRENT LIABILITIES	748,188	720,424	27,764
LONG TERM REVENUE BOND - LTGO	3,622,073	3,622,073	0
NET PENSION LIABILITY	13,772	13,772	0
DEFERRED INFLOWS - PENSION	630,310	630,310	0
DEFERRED INFLOWS - LEVY	1,172,944	(1)	1,172,945
NONCURRENT LIABILITIES	5,439,099	4,266,154	1,172,945
LIABILITIES	6,187,287	4,986,578	1,200,709
NET INCOME (LOSS)	38,115	(8)	38,123
UNRESTRICTED FUND BALANCE	6,209,181	6,209,181	0
FUND BALANCE	6,247,297	6,209,174	38,123
TOTAL LIABILITIES AND NET POSITION	12,434,583	11,195,751	1,238,832

Kittitas County Hospital Dist 2

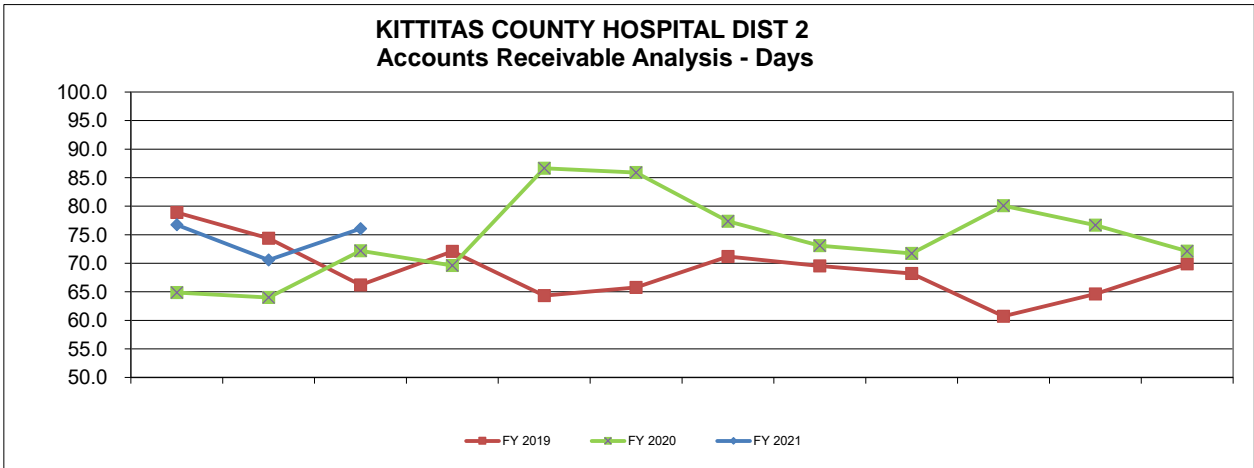
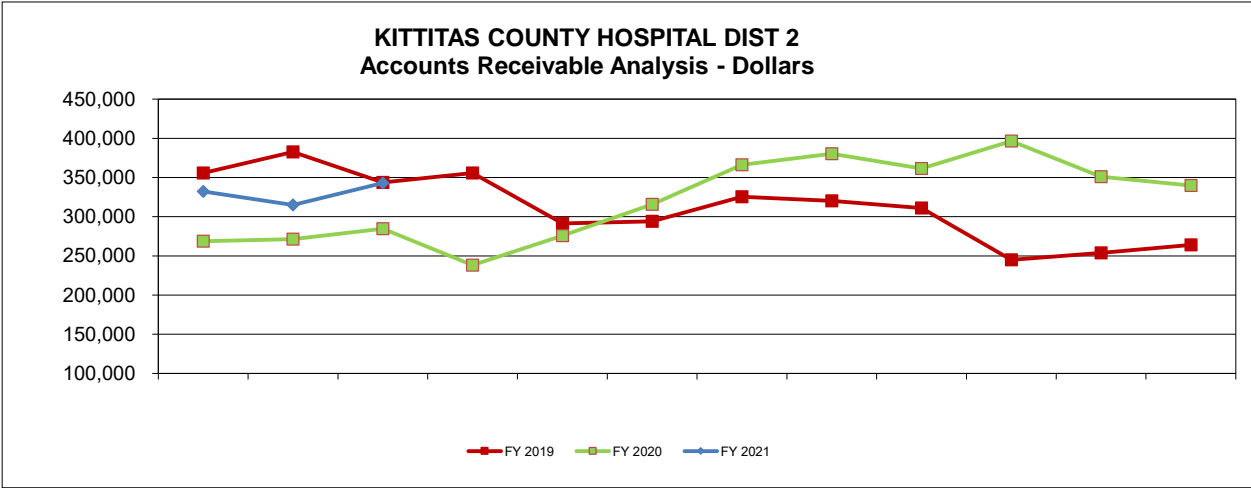
Statement of Cash Flows

	<u>CASH</u>
NET BOOK INCOME	38,123
ADD BACK NON-CASH EXPENSE	
DEPRECIATION	75,097
NET CASH FROM OPERATIONS	113,220
CHANGE IN CURRENT ASSETS	
PATIENT ACCOUNTS AND OTHER RECEIVABLES	(3,840)
PROPERTY TAX RECEIVABLE	(1,512,941)
PREPAID EXPENSE	(14,427)
TOTAL CHANGE IN CURRENT ASSETS	(1,531,208)
PURCHASE OF PROPERTY, PLANT & EQUIPMENT	(35,824)
NET PENSION ASSET	0
DEFERRED OUTFLOWS	0
INCREASE IN INVESTMENTS	11,158
PROCEEDS FROM SALE/MATURITY OF INVESTMENTS	
TOTAL CHANGE IN ASSETS	(1,555,875)
CHANGES IN CURRENT LIABILITIES	
ACCOUNTS PAYABLE	(82,867)
INTEREST PAYABLE	32,428
ACCRUED PAYROLL	10,039
ACCRUED BENEFITS	20,360
CEUCC SUBSIDY PAYABLE	47,804
TOTAL CHANGE CURRENT LIABILITIES	27,764
PRINCIPLE PAYMENT ON REVENUE BOND	0
NET PENSION LIABILITY	0
DEFERRED INFLOWS OF RESOURCES	1,172,945
NET CHANGE IN CASH	(241,945)
BEGINNING CASH ON HAND	2,393,387
ENDING CASH ON HAND	2,151,442



KITTITAS COUNTY HOSPITAL DIST 2
Accounts Receivable Analysis

	Mar-21	Feb-21	Jan-21	Dec-20	Nov-20	Oct-20	Sep-20	Aug-20	Jul-20	Jun-20	May-20	Apr-20
SYS DESIGN EMS												
A/R Dollars	\$ 342,977	\$ 314,937	332,284	339,877	350,930	396,435	361,527	380,287	366,072	315,687	275,755	238,171
A/R Days	76.1	70.6	76.7	72.1	76.7	80.1	71.7	73.1	77.4	85.9	86.6	69.6





KITTITAS COUNTY HOSPITAL DIST 2

BOARD MEETING MARCH 2021 ACTIVITY

ACCOUNTS PAYABLE WARRANTS/ EFTS TO BE APPROVED

CHECK DATE:

# 1 WARRANT NUMBERS: (VOID)	11158	NET AMOUNT:	(119.93)	23-Mar-21
# 2 WARRANT NUMBERS:	11973-12012	NET AMOUNT:	59,519.59	8-Mar-21
# 3 WARRANT NUMBERS:	12013-12039	NET AMOUNT:	28,432.22	22-Mar-21
# 4 WARRANT NUMBERS: (VOID)	12021	NET AMOUNT:	(6,370.88)	31-Mar-21
# 6 WARRANT NUMBERS:	12040-12041	NET AMOUNT:	7,370.84	31-Mar-21
			<hr/> 88,831.84	

PAYROLL WARRANTS / EFTS TO BE APPROVED

PPE 02-27-2021	NET AMOUNT:	28,273.03	5-Mar-21
PPE 03-13-2021		29,983.15	19-Mar-21
		<hr/> 58,256.18	

TOTAL NET WARRANTS & EFT'S	147,088.02
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Kittitas County Hospital District #2
Detailed Statement of Accounts Payable Transactions
Month of March 2021



Account Class	Check No	Vendor	Amount
Balance Sheet	11984	DEPARTMENT OF RETIREMENT SYSTEMS	3,482.56
	11985	DEPARTMENT OF RETIREMENT SYSTEMS	423.91
	11989	IAFF 4880	1,313.46
	12010	TW CLARK CONSTRUCTION, LLC	11,436.10
	12013	AETNA	582.12
	12014	AFLAC	740.27
	12014	AFLAC	740.27
	12020	DEPARTMENT OF RETIREMENT SYSTEMS	822.48
	12021	DEPARTMENT OF RETIREMENT SYSTEMS	3,592.00
	12021	DEPARTMENT OF RETIREMENT SYSTEMS	-3,592.00
	12022	DIMARTINO ASSOCIATES	108.36
	12025	IAFF 4880	1,326.46
	12027	KDA ARCHITECTURE INC	4,930.20
Employee Benefits	12040	DEPARTMENT OF RETIREMENT SYSTEMS	3,592.00
	11975	BETH WILLIAMS	45.00
	11977	CAROL JACQUES	60.00
	11979	COLE GRAVEL	45.00
	11980	CRAIG HALLMARK	15.00
	11982	DAKODA FENTER	30.00
	11983	DENISON HOOD-LEWIS	630.00
	11983	DENISON HOOD-LEWIS	30.00
	11984	DEPARTMENT OF RETIREMENT SYSTEMS	2,388.62
	11990	JAMES BRYAN	45.00
	11992	JASON BOITANO	15.00
	11993	JEFF BEATY	15.00
	11997	LEE HADDEN	15.00
	11999	MARK VAN MAREN	15.00
	12000	MATT SCHAUER	30.00
	12003	NATE HENDERSON	15.00
	12006	SONYA VRAVES	30.00
	12009	TOM WATKINS	15.00
	12012	VIMLY BENEFIT SOLUTIONS	19,132.61
	12021	DEPARTMENT OF RETIREMENT SYSTEMS	2,778.88
	12021	DEPARTMENT OF RETIREMENT SYSTEMS	-2,778.88
	12037	VIMLY BENEFIT SOLUTIONS	900.00
	12038	VIMLY BENEFIT SOLUTIONS	900.00
	12040	DEPARTMENT OF RETIREMENT SYSTEMS	2,778.85
Supplies	11973	ABBOTT LABORATORIES INC	270.32
	11976	CARDINAL HEALTH 112, LLC	14.99
	11976	CARDINAL HEALTH 112, LLC	74.42
	11988	GOOD TO GO	6.70
	11988	GOOD TO GO	9.40

Utilities	11991 JAMES OIL CO., INC.	437.43
	11991 JAMES OIL CO., INC.	625.90
	11996 KITTITAS VALLEY HEALTHCARE	1,578.42
	11998 LIFE ASSIST, INC.	44.71
	11998 LIFE ASSIST, INC.	284.25
	12007 STRYKER SALES CORP	287.24
	12008 TELEFLEX MEDICAL INC	887.00
	12015 AMAZON	109.69
	12015 AMAZON	321.82
	12015 AMAZON	91.26
	12015 AMAZON	102.53
	12015 AMAZON	73.56
	12015 AMAZON	35.09
	12015 AMAZON	812.22
	12016 CARDINAL HEALTH 112, LLC	46.79
	12023 GALLS, LLC	115.30
	12023 GALLS, LLC	179.26
	12023 GALLS, LLC	89.44
	12030 LIFE ASSIST, INC.	557.30
	12030 LIFE ASSIST, INC.	-125.32
	12030 LIFE ASSIST, INC.	175.35
	12034 OXARC INC	248.01
	12034 OXARC INC	246.50
	12034 OXARC INC	101.78
	12035 STATE DEPARTMENT OF TRANSPORTATION	1,294.18
	11978 CENTURYLINK	126.61
	11987 DISH NETWORK	137.79
	12002 MCI	39.24
	12005 PUGET SOUND ENERGY	31.40
	12011 VERIZON	570.46
	12026 INLAND NETWORKS	91.76
	12026 INLAND NETWORKS	150.00
Purchased Services	12028 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11974 ABC FIRE CONTROL INC	306.72
	11995 KITTITAS COUNTY FIRE DISTRICT #7	450.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	350.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11995 KITTITAS COUNTY FIRE DISTRICT #7	200.00
	11996 KITTITAS VALLEY HEALTHCARE	4,570.65
	11996 KITTITAS VALLEY HEALTHCARE	4,585.24
	11998 LIFE ASSIST, INC.	407.94
	12001 MCGUIRES LANDSCAPING & WINTER SVC LLC	764.10

	12017 CITY OF CLE ELUM FIRE DEPARTMENT	200.00
	12018 CLE ELUM FARM & HOME	29.14
	12019 CLE ELUM HARDWARE & RENTAL	55.04
	12019 CLE ELUM HARDWARE & RENTAL	63.87
	12019 CLE ELUM HARDWARE & RENTAL	96.07
	12024 GEOFF SCHERER	429.00
	12028 KITTITAS COUNTY FIRE DISTRICT #7	224.35
	12028 KITTITAS COUNTY FIRE DISTRICT #7	437.50
	12028 KITTITAS COUNTY FIRE DISTRICT #7	207.65
	12028 KITTITAS COUNTY FIRE DISTRICT #7	239.93
	12029 KITTITAS VALLEY HEALTHCARE	163.07
	12031 MCGUIRES LANDSCAPING & WINTER SVC LLC	2,062.80
	12032 MOUNTAIN AUTO PARTS	23.74
	12036 SYSTEMS DESIGN	1,522.05
	12039 YAKIMA ADJUSTMENT SERVICE INC	302.45
Licenses & Taxes	11986 DEPARTMENT OF REVENUE-EXCISE	1,238.73
	12041 DEPARTMENT OF REVENUE-EXCISE	999.99
Travel & Education	11158 COLE GRAVEL	-119.93
Other Direct Expenses	11981 DAILY RECORD	36.67
	11994 KITTITAS COUNTY FIRE CHIEFS ASSOCIATION	30.00
	12004 NORTHERN KITTITAS CO TRIBUNE	38.00
	12004 NORTHERN KITTITAS CO TRIBUNE	288.00
	12033 NORTHERN KITTITAS CO TRIBUNE	38.00
		<hr/>
		88,831.84

Station 99 report to Hospital District #2 Board of Commissioners
April 2021

Construction Restart:

Construction is scheduled to re-start on April 19, 2021. Some cost increases are likely for materials we could not pre purchase and affected by COVID and natural disasters. Consideration will be given to alternate materials where applicable. Examples of products that have increased are wood sheet goods, studs, and plastic conduit.

Construction meetings will resume. New meeting invites will be sent out.

Working with KDA and PSE for utility routing. There are some discrepancies on where the easements are.

Respectfully submitted by Ron Urlacher, Chief of Facilities

Why choose us?

Our clinic focuses on pre-employment services and the care and treatment of work-related injuries and illnesses. Our staff are current on all requirements for Occupational Safety and Health Administration (OSHA) and the Department of Transportation (DOT) regulations. This enables our clinic team to provide the best treatment, perform all regulatory examinations as required, and work with you to keep your businesses running smoothly and your employees safe and healthy on the job.

We offer:

- Walk-in and same day appointments
- Pre-employment services including pre-placement exams, drug screening, immunizations, audiometry, spirometry and physical capacity examinations
- Blood borne exposure, breath alcohol testing, CAOHC certified hearing tests, CDL exams, firefighter / police exams, fit-for-duty and return-to-work exams
- HAZWOPER, OSHA compliant mask fit testing, respirator clearance evaluations, tuberculosis testing
- Treatment for on-the-job injuries or illnesses, such as muscle strains and other overexertion injuries, slips and trips, falling from heights, reaction injuries, falling object injuries, vehicle accidents, machine entanglement, repetitive motion injuries and job-violent acts

KVH Workplace Health

702 E. Mountain View Suite 2, Ellensburg

509.933.8830

Monday - Friday 7:30 a.m. - 5 p.m.

KVH
Kittitas Valley Healthcare
Your Home for Health

Everyone's got a reason for getting the COVID-19 vaccine. What's yours?

My Why: Being a part of the solution to support my community, family and friends.

Carrie Youngblood
Commissioner, Hospital District 2



Share your "Why" with us at
MyStory@kvhealthcare.org





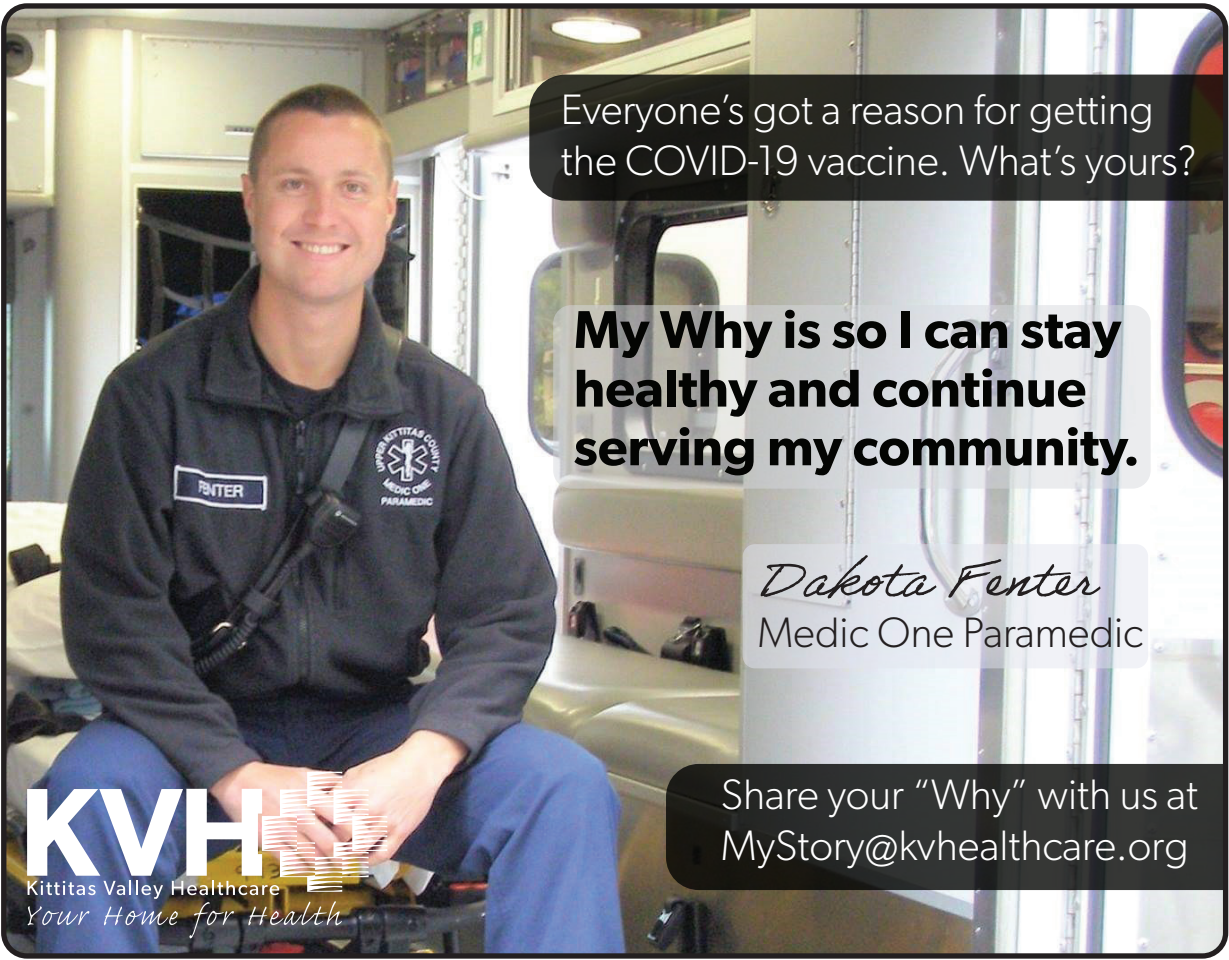
Everyone's got a reason for getting the COVID-19 vaccine. What's yours?

**My Why is to
reduce the number
of preventable
deaths.**

Jane Culliton
Shoemaker Manufacturing

Share your "Why" with us at
MyStory@kvhealthcare.org





Everyone's got a reason for getting the COVID-19 vaccine. What's yours?

My Why is so I can stay healthy and continue serving my community.

Dakota Fenter
Medic One Paramedic

Share your "Why" with us at
MyStory@kvhealthcare.org

KVH 
Kittitas Valley Healthcare
Your Home for Health

https://www.dailyrecordnews.com/all_access/appointment-fills-vacancy-on-kchd-no-2-board/article_2fc0968a-0c34-5e07-8db2-319979a13e8a.html

Appointment fills vacancy on KCHD No. 2 board

For the DAILY RECORD

Mar 19, 2021



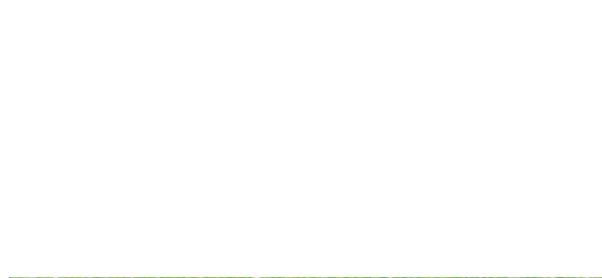
MindySiks

The Kittitas County Public Hospital District 2 Board of Commissioners appointed Carrie Youngblood at its Feb. 15 meeting to fill the vacancy on the board left by the departure of Melissa Becker, according to a news release from the district.

This five-member governing body oversees the operations of the public hospital district that covers Upper Kittitas County.

KCPHD #2 solicited letters of interest following the resignation of Melissa Becker effective Jan. 31, 2021.

“Carrie brings an expertise in human resources and years of experience in healthcare that will greatly benefit Hospital District #2,” said Floyd Rogalski, president of the Board of Commissioners for Kittitas County Public Hospital District No. 2.



Youngblood is on the Washington Hospital Services Board and is the current President of the Washington State Healthcare Human Resources Association.

She has lived in Kittitas County since 1992 and has over 20 years of experience in human resources and recruiting. Youngblood comes from a long line of nurses and health care providers, including a grandfather who was a cardiologist and medic in World War II. The decision to select Youngblood was unanimous.

Youngblood was sworn in at the March 15 board meeting and will serve on the KCPHD #2 Board of Commissioners until the November 2021 general election, at which time the position will be publicly elected. She will be eligible to run for the position if she chooses. The elected candidate will then complete the remainder of the term ending in 2023.

All men and women should be screened for colorectal cancer. Your individual risk factors – such as ethnicity, lifestyle and family history – will determine when you should start getting checked. The American Cancer Society recently recommended that adults without a family history should begin colorectal cancer screening at age 45.

Family history plays an important role in determining your cancer risk. About 1 in 4 colorectal cancer patients have a family history of colorectal cancer.

Family history means any of the following are true:

At least one immediate family member (parent, brother, sister, child) was diagnosed under age 60.

Multiple second-degree relatives (grandparents, aunts, uncles, etc.) were diagnosed with colorectal cancer or advanced polyps (risk increases if diagnosed before age 50).

These genetic factors also increase your lifetime risk:

You have a cluster of family members diagnosed with colorectal cancer, referred to as familial colorectal cancer.

You inherit a harmful DNA mutation from a parent. This impacts approximately 5-7% of all colorectal cancer patients.

If family history increases your risk, your doctor will recommend earlier and more frequent screening. People with a family history of cancer should get screened at age 40 or 10 years before the youngest case in your immediate family, whichever is earlier.

Source: Colorectal Cancer Alliance

**Talk to your family
and learn your
family history.**

**Then share it with
your doctor.**

March is Colorectal Cancer Awareness Month

KVH General Surgery
611 S Chestnut St | Ellensburg
509.962.7390 kvhealthcare.org



Calls for Assistance

117 March

384 YTD
year-to-date

Patients Transported

61 March

194 YTD
year-to-date

A service of
Kittitas County
Hospital District
No. 2



ukcmedicone.org



The professional ambulance service.

Our responder team is uniquely qualified to:

Provide medications

Intubate to assist with breathing

Utilize 12-lead EKG monitoring to ID heart attacks and transmit information to the hospital before arrival

20% Volume Discount

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X inches tall)

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April 8, 2021

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X

Date:

AD REP: CASEY
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☐ Approved WITH
INDICATED CHANGES

☐ Approved AS SHOWN

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FAX back to
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or SCAN & EMAIL to
ads@nktribune.com

NORTHERN KITTITAS COUNTY
TRIBUNE

Cle Elum, WA • 509-674-2511



KVVH CEO Julie Petersen recognizes Medic One and Geoff Scherer for helping the Vaccine Branch reach the homebound with home vaccination visits. She said, "This represents a level of service unique, to my knowledge, to Kittitas County. Here in the county we are accustomed to people going above and beyond to care for their neighbors." **Hats off to Medic One and hats off Geoff.**

N.K.C. TRIBUNE File photo

Want to publicly recognize someone?

The Tribune's "Good Deeds" feature is a way to publicly recognize individuals or groups for service to community. This "hats off" message, without any "thank you's" is offered at no charge.

bruises or loose leaves. Heads are firm to the touch, no soft spots or strange, sometimes slight sulfur odors. Lets look closer at the 2 heads on the left: both "feel much lighter" than the 2 on the right. The bottom left leaves are loose, thick and leathery compared to how tight and thin the heavier cabbages on the right are.

N.K.C. TRIBUNE/Frank Schuchman photos - 2021



Closer inspection after cutting them open we see how open and airy the thick left leaves are. This may have been a growing problem like poor soil, sunlight, nutrients. Or it could mean these are older cabbage and have been trimmed up to look nice. A quick sniff and they smelled just fine. Now look at the cut heads on the right, much tighter grains to the thinner leaves. These give off a natural almost sweet aroma.

Cabbage Can Hang Out

The nice thing about raw, whole cabbage heads, they can sit in your crisper for several weeks if you keep an eye on them. I keep a moist towel (not too wet) around it inside an open plastic bag. When the towel dries out, I just re-moisten and put it back in the fridge. Ah, but beauty does fade with time. As cabbage gets old, the odor increases along with leathery leaves. These are not necessarily bad things, but it's best to use up any fresh veggies as fast as you can.

Does it go bad? This is hard to answer, beyond the stronger taste and odor of cabbage, food safety is fine. After a week or two look for funky stuff like mold, black spots, even rotting (and stink), if found say goodbye to your cabbage. But if you just have a little discoloring on edges or outside leaves, peel/trim and towel it back in the bag. **Chef Trick:** wash your cabbage to eat it, but not to store it. Unwashed cabbage lasts longer than washed/wet cabbage in the fridge.

What ELSE can I do with cabbage?

If you have cooked cabbage, use it up fast. Toss it right into (quick Ramen) stews, sauces, or any-

Carrie Youngblood appointed to Kittitas County Public Hospital District #2 Board of Commissioners

CLE ELUM – At the February 15 regular meeting of the Kittitas County Public Hospital District 2 Board of Commissioners, **Carrie Youngblood** was chosen to fill the vacancy on the Board left by the departure of **Melissa Becker**. This five-member governing body oversees the operations of the public hospital district that covers Upper Kittitas County.

KCPHD #2 solicited letters of interest following the resignation of Melissa Becker effective January 31, 2021. "Carrie brings an expertise in human resources and years of experience in healthcare that will greatly benefit Hospital District #2," said **Floyd Rogalski**, President of the Board of Commissioners for Kittitas



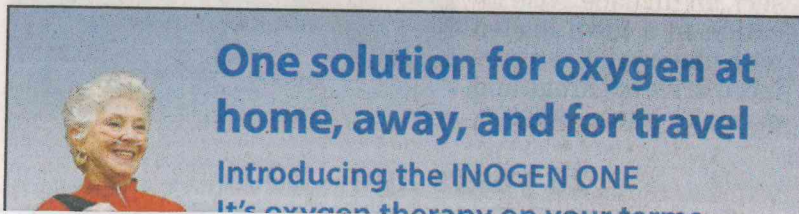
CARRIE YOUNGBLOOD was sworn in March 15 to fill the vacancy on the Kittitas County Public Hospital District 2 Board of Commissioners.

Photo courtesy of Kittitas Valley Healthcare

County Public Hospital District No. 2. Ms. Youngblood is on the Washington Hospital Services Board and is the current President of the Washington State Healthcare Human Resources Association.

Carrie has lived in Kittitas County since 1992 and has over 20 years of experience in human resources and recruiting. She comes from a long line of nurses and healthcare providers, including a grandfather who was a cardiologist and medic in World War II. The decision to select Carrie Youngblood was unanimous.

Carrie was sworn in at the March 15 Board meeting and will serve on the KCPHD #2 Board of Commissioners until the November 2021 general election, at which time the position will be publicly elected. She will be eligible to run for the position if she chooses. The elected candidate will then complete the remainder of the term ending in 2023.



One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE

It's oxygen therapy on your terms.

COMMUNITY

Kittitas Valley Healthcare commissioners Terry Clark and Jon Ward earn Health Care Governance Certification

ELLENSBURG – Commissioners Terry Clark and Jon Ward of Kittitas Valley Healthcare (KVH) have spent the last year strengthening their understanding of hospital governance and ability to enhance board effectiveness through participation in the Washington State Hospital Association (WSHA) and Association of Washington Public Hospital Districts (AWPHD) Health Care Governance Education program. Participation included educational sessions on a variety of topics, ranging from the Board's role in credentialing, mental & emotional resiliency, the board's evolving role in quality oversight & patient experience, and cybersecurity for boards.

Terry and Jon earned the Health Care Governance certification in 2020, in a year where outreach and educational opportunities were limited.

"KVH is proud of Terry and Jon for their dedication to equipping themselves with the best skills to meet the needs of our patients and broader community", stated Julie Petersen, Kittitas Valley Healthcare CEO.

"As a newer board member the WSHA governance program was invaluable in preparing me for the role as a commissioner," stated Commissioner Jon Ward. "Their presentations and seminars encouraged us to embrace our governance role while thinking strategically about the fu-

ture vision and direction of KVH. I'm confident that having completed the program I am better prepared to serve the members of our community as we strive to grow our healthcare offerings, protect our financial viability,



Kittitas Valley Healthcare commissioners Terry Clark and Jon Ward recently earned the Health Care Governance certification for 2020.

Photos courtesy of Kittitas Valley Healthcare

and support the strong management team we are fortunate to have in place at the Kittitas Valley Healthcare organization."

KVH Commissioner Terry Clark stated "the development of leadership skills is an unrelentingly obligation of the Board of Commissioners, CEO and Senior Leadership. Developing leadership skills with long-term goals will allow our healthcare leadership to be proactive as needs arise. A proactive approach is what we are seeing in the delivery of the Covid-19 response in Kittitas County. This is the fundamental reason that Kittitas County is meeting and exceeding the needs of our community members with our Covid-19 response."

National Doctors' Day

03.30.2021

COVID-19 took everyone by surprise. Yet despite its risks and uncertainties, local healthcare providers remained steadfast. Our world may have changed, but our providers haven't.



Dr. Feng

1 year ago, it became official.

"WHO has been assessing this outbreak around the clock, and we are deeply concerned both by the alarming levels of spread and severity, and by the alarming levels of inaction. We have therefore made the assessment that COVID-19 can be characterized as a pandemic. We have rung the alarm bell loud and clear." -World Health Organization Director General Tedros Adhanom Ghebreyesus, March 2020

"We have to stay home. We have to recognize that anybody could be exposed. We have to keep each other well. That means we have to keep each other away." - Kevin Martin, MD, KVH Chief Medical Officer, November 2020

"One of the peculiarities about this illness is that the bulk of people seem to have relatively mild symptoms. And then there's a group of people with the same disease who have a horrible, severe illness. That's the rub - a lot of people are walking around, unaware that they're ill." -Rob Merkel, PA-C, KVH Family Medicine - Cle Elum, November 2020

"I think we're in one of the deepest, darkest times before we see the light, but we're going to see some vaccines coming out that will significantly help and get us on the road to recovery." -John Merrill-Steskal, MD, KVH Family Medicine - Ellensburg, November 2020

Providers served as trusted voices to our communities.



Dr. Thomas

They led by example, modeling safe practices.

"Wearing a mask is not about you. It's about you protecting other people who can't protect themselves, people who aren't able to wear masks because of a health issue or because of a psychological issue. Do the best you can to set a good example for people around you." -Annaliese Stone, DO, KVH Family Medicine - Ellensburg, December 2020

"Masking is the single easiest thing that we can all do every single day in order to keep those around us safe." - Andrew Thomas, MD, KVH Family Medicine - Cle Elum, December 2020

They got vaccinated so that they could keep on caring for patients.

"I was tearful and emotional to receive this life-saving vaccine. I am grateful to all of the scientists and researchers that managed to create a safe and very effective vaccine so quickly. I had a mild headache but otherwise no side effects and would gladly accept mild side effects and minimize my risk of getting this deadly virus."

- Elise Herman, MD, KVH Pediatrics, January 2021



Dr. Herman

Happy Doctors' Day to the amazing team of providers serving our county. Patient care is more than what you do - it's who you are.

Wound Care 101

When cared for properly, most wounds heal well, leaving only a small scar or none at all. With larger wounds, you are more likely to have a scar.

Certain factors can prevent wounds from healing or slow the process, such as:

Infection can make a wound larger and take longer to heal.

Diabetes. People with diabetes are likely to have wounds that won't heal, which are also called long-term (chronic) wounds.

Poor blood flow due to clogged arteries (arteriosclerosis) or conditions such as varicose veins.

Obesity increases the risk of infection after surgery. Being overweight can also put tension on stitches, which can make them break open.

Age. In general, older adults heal more slowly than younger people.

Heavy alcohol use can slow healing and increase the risk for infection and complications after surgery.

Stress may cause you to not get enough sleep, eat poorly, and smoke or drink more, which can interfere with healing.

Medicines such as corticosteroids, nonsteroidal anti-inflammatory drugs (NSAIDs), and some chemotherapy drugs can slow healing.

Smoking can delay healing after surgery. It also increases the risk for complications such as infection and wounds breaking open.

Wounds that are slow to heal may need extra care from your provider.

-Medlineplus.gov



KVH Wound Care
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kvhealthcare.org