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#### Kittitas County Public Hospital District No. 2 BOARD OF COMMISSIONERS' MEETING

December 21, 2020

6:30 p.m.

Hybrid Meeting (In person attendance limited to invitees: Commissioners (5) and Administrative Staff (5) at FM-C and

call in option for public)

Toll-Free Number: 877-853-5257 US Meeting ID: 258 476 6248 Passcode: 12345

#### AGENDA

Ι.	Introductions	
II.	Approval of Agenda	(1)
III.	Approval of Minutes	
	a. November 16, 2020 (Regular Meeting)*	(2-4)
	<ul> <li>b. December 2, 2020 (Special Meeting)*</li> </ul>	(5-6)
IV.	Public Comments/Announcements/Correspondence	
۷.	Reports:	
	a. Operations Report (G. Scherer)	(7-11)
	b. Superintendent's Report (J. Petersen)	
	c. Ancillary Report (R. Holden)	(12-13)
	d. Finance Report, Approval of Expenses* (S. Olander)	(14-28)
	<ol> <li>Adopt 2021 Operations Budget*</li> </ol>	
	<ol><li>Amendment to HD1/HD2 Services Agreement*</li></ol>	
	<ol> <li>Amendment to HD1/HD2 Administration, Clerical and M Agreement*</li> </ol>	lanagement Services
	e. Station 99 Updates (R. Kaiser/R. Urlacher)	
VI.	Old Business	
VII.	New Business	
	a. Next Meeting Date: January 18, 2021	
VIII.	Adjournment	

Note: Upcoming Agenda Items Open Door Clinic Quarterly Report



## Kittitas County Public Hospital District #2 BOARD MEETING MINUTES

Meeting Date:	Monday: November 16, 2020
Minutes of:	Regular Meeting of the Board of Commissioners
Meeting Place:	In person/Remote via Zoom/Telephone
Minutes Submitted By:	Scott Olander, Treasurer

#### Call to Order:

Regular Meeting: Call to order made by Commissioner Rogalski at 6:30 p.m.

#### Introductions:

Commissioners: Floyd Rogalski, Melissa Becker, Fred Benjamin and Kevin Nicholson. Hartwig Vatheuer was excused. Superintendent: Julie Petersen; Treasurer: Scott Olander; Ancillary Operations: Rhonda Holden; EMS Manager: Geoff Scherer and KVH Facilities Chief: Ron Urlacher

Guests: Erik Dodge with KDA Architecture

#### Approval of Agenda:

Action: A motion to approve the agenda was made by Commissioner Nicholson and seconded by Commissioner Benjamin. Motion carried.

#### **Approval of Minutes:**

Action: A motion to approve the minutes of the October 19, 2020 Regular Meeting as amended was made by Commissioner Nicholson and seconded by Commissioner Becker. Motion carried.

Action: A motion to approve the minutes of the November 9, 2020 Special Meeting was made by Commissioner Becker and seconded by Commissioner Benjamin. Motion carried.

#### Public Comments/Announcements/Correspondence:

None.

#### **Operations Report:**

The Commissioners reviewed the written operations report and operating statistics for October 2020. There were 68 transports in October; 4 transports above the monthly

budget. YTD Medic One is 43 transports below budget. Geoff advised that transports are slowly catching up to pre-COVID-19 transport levels. The ambulances are running well, however, Medic 7 back into a tree and will need to be repaired at a cost of approximately \$7,200. The crew has one EMT with a positive COVID-19 test so Geoff and other crew members are filling in. Medic One will be scrambling for two weeks while the EMT is recovering.

Geoff discussed the need for a new 4 wheel drive ambulance to replace the older rear wheel drive vehicles. There is a limited number of ambulance chassis available from the manufacturer Braun. Geoff requested approval to sign a letter of intent to purchase a new ambulance so that Medic One is able to secure a unit to purchase in 2021.

Action: A motion to authorize Geoff to sign a letter of intent to purchase a new ambulance in 2021 was made by Commissioner Becker and seconded by Commissioner Nicholson. Motion Carried.

#### Superintendent's Report:

Julie advised that the number of positive COVID-19 patients in the county and state are increasing rapidly. It is becoming increasingly difficult to transfer positive COVID-19 and other acute care patients to other hospitals because they do not have beds and staff available to care for the patients. Hospital CEO's are collaborating to work out the problems. The hospital CEOs will get a telephone call anytime a transfer request is denied.

#### **Ancillary Report:**

The Commissioners reviewed the written ancillary report. Rhonda advised that on Monday 29 patients were tested at the old urgent care area of the Cle Elum clinic and 120 patients were tested in the Ellensburg COVID-19 clinic. KVH is working to offer regular COVID-19 testing availability in upper-county so that patients will not need to travel to Ellensburg over snowy roads for a COVID-19 test.

#### Finance Report:

The financial statements for October 2020 were reviewed by the Commissioners. The review included a review of actual versus budgeted revenue and expense variances. October transports of 68 exceeded budget by 4 transports. YTD transports are 43 transports below budget. Average charges per transport exceeded budget by \$198 per transport which lead to a positive revenue variance of \$22,706. October contractual adjustments were slightly below budget by \$795 due to the receipt of additional GEMT funds from the Medicaid payers. There were 96 hours of probation Medic training in October which contributed to the negative labor variance of \$13,021. Medic One purchased a Ultra Violet Box valued at \$10,000 for \$1,000 which will be used to decontaminate shoes and clothing that are exposed to the COVID-19 virus. This purchase contributed to the negative supply expense variance. Medic One reported a positive Net Income of \$603 for October compared to budgeted Net Income of \$5,784; a negative variance of \$5,181. YTD Net Income is \$112,942; a positive variance of \$54,085.

Action: A motion to approve the checks for October was made by Commissioner Benjamin and seconded by Commissioner Nicholson. Motion carried.

#### **Ambulance Station:**

Ron Urlacher provided a verbal update about the ambulance station construction situation. There has been a lot of rain and some snow in Cle Elum over the past few weeks that has saturated the ground. The contractor T.W. Clark has had to stop work because of the ground saturation. Ron and the contractor are evaluating the costs if work needs to be suspended until the weather improves and the additional cost for other alternatives that will allow the work to continue.

#### New Business:

The next regular meeting date: December 21, 2020 at KVH Family Medicine, Cle Elum. Due to the COVID-19 outbreak the meeting may be done via telephone or Zoom.

#### **Executive Session:**

There was no executive session.

#### Announcements:

There being no further business the regular meeting was adjourned at 7:49 pm by Commissioner Rogalski.



## Kittitas County Public Hospital District #2 BOARD MEETING MINUTES

Meeting Date:	Wednesday December 2, 2020
Minutes of:	Special Meeting of the Board of Commissioners
Meeting Place:	Cle Elum Family Medicine Clinic and remote via Zoom
Minutes Submitted By:	Scott Olander, Treasurer

#### Call to Order:

Special Meeting: Call to order made by Commissioner Rogalski at 5:00 p.m.

#### Introductions:

Commissioners: Floyd Rogalski, Melissa Becker, Kevin Nicholson (excused), Hartwig Vatheuer (excused) and Fred Benjamin. Superintendent: Julie Petersen (via Zoom); Treasurer: Scott Olander, Geoff Scherer, Operations, Ron Urlacher Facilities and Randy Kaiser Facilities.

Guests: Erik Dodge, KDA Architecture

#### <u>Agenda:</u>

Action: Commissioner Rogalski moved to approve the Agenda. Seconded by Commissioner Benjamin. Motion Carried.

#### New Business:

The purpose of the meeting was to discuss potential construction delay for the ambulance garage due to ground water saturation and weather. Ron advised that there are three options:

Option A: Rent large tents to cover the construction site and remove the saturated soil and back file the site with compactable rock and then continue with foundation concrete pour. Estimated cost for this option is an additional \$140,000. There is possibility that this option would not be successful.

Option B: Wait until ground freezes, remove saturated soil and replace it with compactable rock and then continue with foundation concrete pour. Estimated cost for this option is an additional \$72,000. There is a possibility that this option would also not be successful.

Option C: Suspend work and delay further construction work until mid-April. Cost for this option is \$16,000. If work was delayed beyond April the additional cost would be \$1,400 per month.

Ron Urlacher, Randy Kaiser and Erik Dodge recommend Option C. The Commissioners will make a final decision at the December Board meeting.

There being no additional business the special meeting was adjourned at 5:15 p.m. by Commissioner Rogalski.

#### **Operation's Manager Report – November 2020**

	November 2020	November 2019
Calls for Service	122	113
Patient Count	81	89
Patient Transports	58	57
Patient Refusals	17	13
Year to Date Transports	696	747
Station #73 Transports	21	
Station # 99 Transports	37	
Passed Calls	0	

#### **PERSONNEL**

No more positive Covid-19 in the crews or with Fire District #7. I have been working with KVH employee health to do rapid testing (BIO Fire) of staff with symptoms prior to returning to work. We had 60 hours of probationary medic training in November.

#### **APPARATUS**

M8 has been in service with no issue this past month, it is operating very well, and the crews and our other agencies enjoy working with the new build. M7 is back in service after body work done by Braun NW, I am still working with the insurance company regarding that claim. I have written Braun NW a letter of intent to secure a build slot for 2021 RAM Ambulance with a 60-day demo discount.

Year	Unit	Beg ODO	End ODO	Miles	Location	Comments
2019	M8	11,934	14,871	2,937	Station 99	1 <sup>st</sup> Out
2018	M7	49,184	51,118	1,934	Station 73	1 <sup>st</sup> Out
2016	M6	111,485	112,689	1,204	Station 73	Backup
2016	M5	132,840	133,781	941	Station 99	Backup
Total Miles				7,016		

#### **MISCELLANES**

- The agency will be starting winter operations with Snoqualmie Pass Fire and Rescue
- Cle Elum fire department has assisted/supplied Medic One with a driver 14 times in 2020.
- November 2020 had 26 overlapping calls (21%) October 2020 had 23 overlapping calls (18%) September 2020 had 35 overlapping calls (26%) August 2020 had 41 overlapping calls (29%) Last year the agency averaged 21% overlapping calls
- November 2020 Level Zero time was 2:38

#### Kittitas County Hospital District #2

#### Patient Transport Count per Destination - YTD 2020

Hospital	YTD	Oct	Nov	Dec
Centeral Washington Hospital	5	0	0	
Harborview	23	3	4	
KVH	505	47	43	
Snoqualmie Valley Hospital	13	0	0	
Swedish Issaquah	81	12	6	
Virginia Mason	4	0	0	
Yakima Regional	0	0	0	
Yakima Memorial	20	0	3	
Childrens	3	0	0	
University of Washington	5	3	0	
Valley Renton	4	0	0	
Overlake	27	3	1	

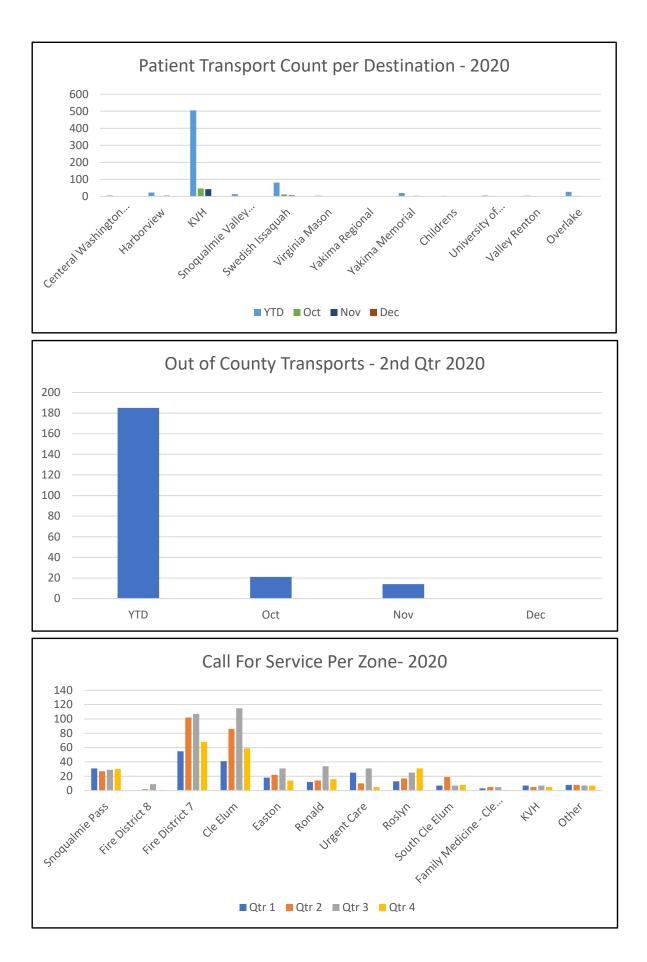
	YTD	Oct	Nov	Dec
Out of County Transports	185	21	14	

#### Call For Service Per Zone

Zone	YTD	Oct	Nov	Dec
Snoqualmie Pass	117	17	13	
Fire District 8	12	0	1	
Fire District 7	332	35	33	
Cle Elum	301	31	28	
Easton	85	9	5	
Ronald	76	8	8	
Urgent Care	71	5	0	
Roslyn	86	8	23	
South Cle Elum	41	1	7	
Family Medicine - Cle Elum	14	1	0	
КVН	24	2	3	
Other	30	6	1	

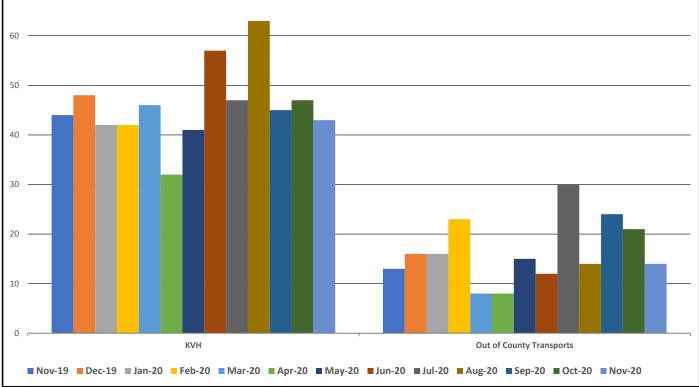
Zone	YTD	Qtr 1	Qtr 2	Qtr 3	Qtr 4
Snoqualmie Pass	117	31	27	29	30
Fire District 8	12	0	2	9	1
Fire District 7	332	55	102	107	68
Cle Elum	301	41	86	115	59
Easton	85	18	22	31	14
Ronald	76	12	14	34	16
Urgent Care	71	25	10	31	5
Roslyn	86	13	17	25	31
South Cle Elum	41	7	19	7	8
Family Medicine - Cle Elum	14	3	5	5	1
күн	24	7	5	7	5
Other	30	8	8	7	7

Comments:



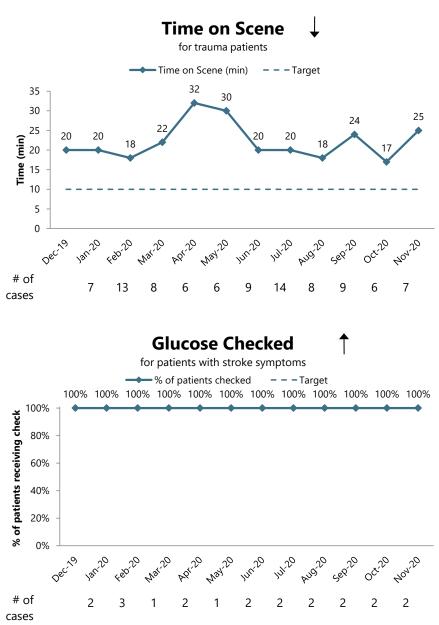
#### Patient Transport per Destination

Hospital	Nov-19	Dec-19	Jan-20	Feb-20	Mar-20	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20
Central Washington Hospital	0	0	0	1	1	0	0	2	1	0	0	0	0
Harborview	3	2	1	2	0	1	1	3	4	3	1	3	4
Snoqualmie Valley Hospital	0	2	1	8	0	0	1	0	1	1	1	0	0
Swedish Issaquah	2	6	7	8	6	3	6	4	13	6	10	12	6
Virginia Mason	2	0	0	1	0	1	0	0	1	0	1	0	0
Yakima Regional	0	1	0	0	0	0	0	0	0	0	0	0	0
Yakima Memorial	2	1	4	1	1	1	1	1	3	0	5	0	3
Children's	1	0	0	0	0	0	1	0	0	0	2	0	0
University of Washington	0	0	0	0	0	0	1	0	1	0	0	3	0
Other	1	1	0	0	0	0	0	0	2	2	0	0	0
Overlake	2	3	3	2	0	2	0	2	4	2	4	3	1
күн	44	48	42	42	46	32	41	57	47	63	45	47	43
Out of County Transports	13	16	16	23	8	8	15	12	30	14	24	21	14
70					• •		ination er 2020						



## Kittitas County Public Hospital District No. 2

**Quality Metrics** 



## Ancillary Services report to Hospital District #2 Board of Commissioners December 2020

#### **Ancillary Service Operation Report:**

#### **Covid Vaccination Planning:**

KVH leadership is partnering with the Kittitas County Health Department and County Incident Management Team to vaccinate our staff and community first responders with the Pfizer vaccine that was recently given Emergency Use Authorization by the FDA. The CDC and Washington Department of Health are dictating which populations of healthcare workers/first responders are immunized first. Medic One staff will be offered the vaccination in the first round of immunizations. KVH will not make the vaccination mandatory for employment.

Respectfully submitted by Rhonda Holden, MSN, CENP

These prices are all installed, and can be slightly reduced if all signs done at the same time in one complete order.

No City permits or prevailing wages fees have been added to these costs.

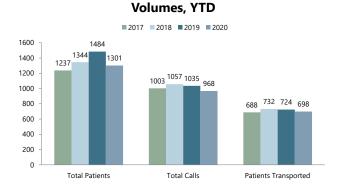
Sign #1 \$1,324.00 Sign #2 \$3,527.28 Sign #3 \$1,185.00 Sign #4 \$1,096.98 Sign #5 \$ 2,899.80 Sign #6 \$810.70 Sign #7 \$1,848.88

**Plus Tax** 

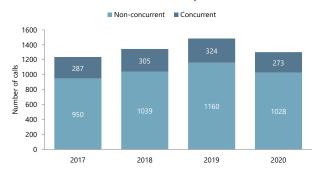
11-18-20 quote from Greybeal Signs



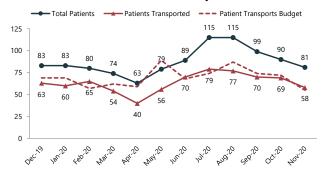
#### **Kittitas County Public Hospital District No. 2**

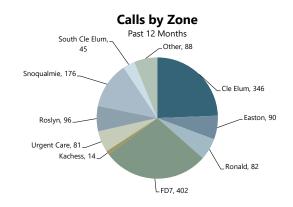


#### **Concurrent Calls, YTD**

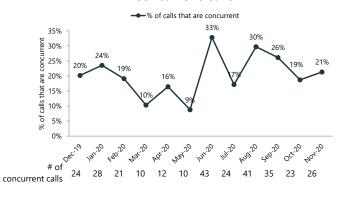


**Patients and Transports** 





**Concurrent Calls** 



**Days Cash on Hand** 

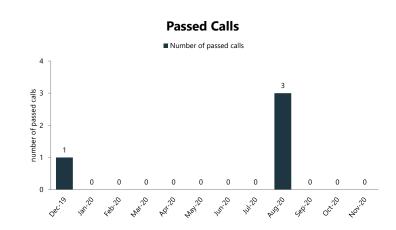


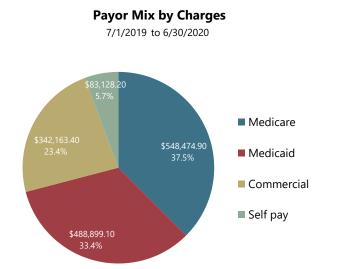
#### **Kittitas County Public Hospital District No. 2**

#### **Turnout Time - Dispatch to Enroute**

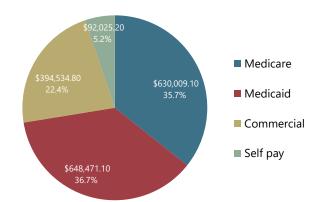
12/1/2019 to 11/30/2020

Apparatus	Responses	Turnout Time
A511 (CEFD)	1	4:57
CEFD Overall	1	4:57
A731 (FD7)	2	0:46
FD7 Overall	2	0:46
M931(HD2)	552	2:21
M932 (HD2)	2	0:45
M991 (HD2)	748	1:60
M992 (HD2)	30	5:04
HD2 Overall	1332	2:13





**Payor Mix by Charges** 7/1/2018 to 6/30/2019



#### Kittitas County Hospital Dist 2 Statement of Revenue and Expense

MEDICAL BILLABLE RUNS	58	64	(6)	700	749	(49)	724
AVERAGE CHARGE PER RUN	2,008	2,233	(225)	2,062	2,125	(43)	2,087
	_,	_,	()	_,	_,	(10)	_,
F	(	Current Month			Year to Date		Prior
	Actual	Budget	Variance	Actual	Budget	Variance	YTD
INTEREST INCOME	(10,685)	2,250	(12,935)	1,222	24.750	(23,528)	76,080
RENTAL INCOME	23,239	2,230	· · · /	255,629	255,629	( , ,	254,227
OTHER OPERATING REVENUE	23,239	23,239	(0) (100)	20,753	255,629	(0) 19,653	4,654
AMBULANCE REVENUE	116,445	142,935	(100)	1,443,498	1,591,342	(147,844)	4,654
	128,999	168.524	(39,525)	1,721,102	1,872,821	(151,719)	1,846,117
	120,333	100,524	(33,323)	1,721,102	1,072,021	(131,713)	1,040,117
CONTRACTUAL ADJUSTMENTS	43,881	64,259	(20,378)	543,915	715,417	(171,502)	321,135
BAD DEBT	2,319	8,132	(5,813)	63,774	90,539	(26,765)	63,607
CHARITY CARE	3,503	417	3,086	6,080	4,583	1,497	3,779
DEDUCTIONS FROM REVENUE	49,704	72,808	(23,104)	613,770	810,539	(196,769)	388,521
	,	,	(,,			(****,***)	,
NET OPERATING REVENUE	79,295	95,716	(16,421)	1,107,333	1,062,282	45,051	1,457,596
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SALARIES AND WAGES	98,028	83,320	14,708	982,943	927,608	55,335	896,720
EMPLOYEE BENEFITS	11,113	27,631	(16,518)	313,542	305,523	8,019	311,168
PROFESSIONAL FEES	0	3,258	(3,258)	26,131	35,842	(9,711)	12,989
SUPPLIES	7,929	11,028	(3,099)	126,736	121,826	4,910	122,218
UTILITIES	864	2,961	(2,097)	24,591	32,568	(7,977)	26,856
PURCHASED SERVICES	22,631	20,995	1,636	236,195	235,951	244	215,747
CEUCC SUBSIDY EXPENSE	15,622	15,622	0	171,844	171,844	(0)	168,474
DEPRECIATION	28,394	30,482	(2,089)	291,044	335,303	(44,259)	289,717
	3,274	2,350	924	26,156	25,850	306	22,036
LICENSES AND TAXES	1,425	1,644	(219)	13,330	18,301	(4,971)	14,678
	11,609	11,609	(0)	127,696	127,696	0	136,527
TRAVEL AND EDUCATION	92	1,433	(1,341)	6,687	15,767	(9,080)	7,687
OTHER DIRECT EXPENSES	167	666	(499)	8,339	7,334	1,005	7,909
EXPENSES	201,148	212,999	(11,851)	2,355,234	2,361,413	(6,179)	2,232,728
OPERATING INCOME (LOSS)	(121,853)	(117,283)	(4,570)	(1,247,901)	(1,299,131)	51,230	(775,131)
TAX LEVY INCOME	123,527	124,070	(543)	1,362,517	1,364,775	(2,258)	1,279,776
NON-OPERATING BOND ISSUE C	0	0	0	0	0	0	0
NET INCOME (LOSS)	1.675	6,787	(5,112)	114,616	65,644	48,972	504,645
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DAYS CASH ON HAND	894.0						
AR DAYS	76.7						
CURRENT RATIO	10.0						
COMMITTED CAPITAL FUNDS:	4 4 4 9 9 9 7						
AMBULANCE GARAGE	4,140,307						
TOTAL COMMITTED FUNDS	4,140,307						
	754,721						
COMMITTED FUNDS BALANCE	3,345,279						
TW CLARK TOTAL CONTRACT	2,589,000						
TOTAL PAID	237,635						
TW CLARK BALANCE	2,351,365						
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DAYS CASH AFTER COMMITTED

223

#### Kittitas County Hospital Dist 2 Statement of Revenue and Expense

MEDICAL BILLABLE RUNS AVERAGE CHARGE PER RUN	58 2,008	64 2,233	(6) (225)	700 2,062	749 2,125	(49) (43)	724 2,087
		Current Month			Year to Date	]	Prior
	Actual	Budget	Variance	Actual	Budget	Variance	YTD
INTEREST INCOME	0	0	0	0	0	0	0
RENTAL INCOME	0	0	0	0	0	0	0
OTHER OPERATING REVENUE	0	100	(100)	2,260	1.100	1,160	4,154
AMBULANCE REVENUE	116,445	142.935	(26,490)	1,443,498	1,591,342	(147.844)	1,511,157
TOTAL REVENUE	116,445	143,035	(26,590)	1,445,758	1,592,442	(146,684)	1,515,311
CONTRACTUAL ADJUSTMENTS	43,881	64,259	(20,378)	543,915	715,417	(171,502)	321,135
BAD DEBT	2,319	8,132	(5,813)	63,774	90,539	(26,765)	63,607
CHARITY CARE	3,503	417	3,086	6,080	4,583	1,497	3,779
DEDUCTIONS FROM REVENUE	49,704	72,808	(23,104)	613,770	810,539	(196,769)	388,521
NET OPERATING REVENUE	66,742	70,227	(3,485)	831,989	781,903	50,086	1,126,790
	•	,		,		•	· · ·
SALARIES AND WAGES	98,220	83,112	15,108	977,311	925,316	51,995	894,146
EMPLOYEE BENEFITS	11,693	27,631	(15,938)	313,668	305,523	8,145	310,938
PROFESSIONAL FEES	0	0	0	0	0	0	0
SUPPLIES	7,929	11,028	(3,099)	126,707	121,826	4,881	122,133
UTILITIES	864	2,794	(1,930)	23,061	30,735	(7,674)	25,277
PURCHASED SERVICES	12,450	13,970	(1,520)	140,336	153,670	(13,334)	142,318
CEUCC SUBSIDY EXPENSE	0	0	0	0	0	0	0
DEPRECIATION	14,867	16,792	(1,925)	139,999	184,708	(44,709)	139,123
INSURANCE	721	625	96	6,626	6,875	(249)	5,602
LICENSES AND TAXES	1,425	0	1,425	13,330	0	13,330	14,678
INTEREST EXPENSE	0	0	0	0	0	0	0
TRAVEL AND EDUCATION	92	1,375	(1,283)	6,526	15,125	(8,599)	6,533
OTHER DIRECT EXPENSES	0	125	(125)	570	1,375	(805)	1,606
EXPENSES	148,262	157,452	(9,190)	1,748,131	1,745,153	2,978	1,662,355
OPERATING INCOME (LOSS)	(81,520)	(87,225)	5,705	(916,143)	(963,250)	47,107	(535,566)
TAX LEVY INCOME	65,431	59,772	5,659	658,309	657,493	816	631,457
NON-OPERATING BOND ISSUE C	05,431	0	5,659 0	038,309	057,495	0	031,457
NET INCOME (LOSS)	(16,089)	(27,453)	11,364	(257,833)	(305,757)	47,924	95,892

#### Kittitas County Hospital Dist 2 Statement of Revenue and Expense

Г		Current Month			Year to Date		Prior
L	Actual	Budget	Variance	Actual	Budget	Variance	YTD
	Actual	Buugei	valiance	Actual	Buuget	Valiance	ПD
INTEREST INCOME	(10,685)	2,250	(12,935)	1,222	24,750	(23,528)	76,080
RENTAL INCOME	23,239	23,239	(0)	255,629	255,629	(0)	254,227
OTHER OPERATING REVENUE	0	0	Ó	18,493	0	18,493	500
AMBULANCE REVENUE	0	0	0	0	0	0	0
TOTAL REVENUE	12,554	25,489	(12,935)	275,344	280,379	(5,035)	330,806
CONTRACTUAL ADJUSTMENTS	0	0	0	0	0	0	0
BAD DEBT	0	0	0	0	0	0	0
CHARITY CARE	0	0	0	0	0	0	0
DEDUCTIONS FROM REVENUE	0	0	0	0	0	0	0
NET OPERATING REVENUE	12,554	25.489	(12,935)	275,344	280,379	(5,035)	330,806
	12,554	23,403	(12,955)	275,544	200,575	(3,033)	550,000
SALARIES AND WAGES	(192)	208	(400)	5,632	2,292	3,340	2,574
EMPLOYEE BENEFITS	(15)	0	(15)	439	2,202	439	230
PROFESSIONAL FEES	0	3,258	(3,258)	26,131	35,842	(9,711)	12,989
SUPPLIES	0	0	0	29	00,012	29	85
UTILITIES	0	167	(167)	1,531	1,833	(302)	1,579
PURCHASED SERVICES	10,181	7.025	3.156	95.859	82,281	13.578	73.429
CEUCC SUBSIDY EXPENSE	15,622	15,622	0,100	171,844	171,844	(0)	168,474
DEPRECIATION	13,526	13,690	(164)	151,045	150,595	450	150,594
INSURANCE	2,553	1,725	828	19,531	18,975	556	16,434
LICENSES AND TAXES	2,000	1,644	(1,644)	13,331	18,301	(18,301)	0
INTEREST EXPENSE	11,609	11,609	(1,044)	127,696	127,696	(10,301)	136,527
TRAVEL AND EDUCATION	0	58	(58)	162	642	(480)	1,154
OTHER DIRECT EXPENSES	167	541	(374)	7,769	5,959	1,810	6,303
EXPENSES	53,451	55,547	(2,096)	607,668	616,260	(8,593)	570,372
	(40.007)	(00.050)	(10.000)	(000.00.0)	(005.004)		(000 500)
OPERATING INCOME (LOSS)	(40,897)	(30,058)	(10,839)	(332,324)	(335,881)	3,557	(239,566)
TAX LEVY INCOME	58.091	64,298	(6,207)	704,208	707,282	(3,074)	648,319
NON-OPERATING BOND ISSUE C	0	04,200	(0,207)	04,200	0	(3,074)	0-0,019
NON-OF ERATING BOND 1000E 0	0	0	0	0	0	0	0
NET INCOME (LOSS)	17,193	34,240	(17,047)	371,884	371,401	483	408,753
DAYS CASH ON HAND	894.0						
AR DAYS	76.7						
CURRENT RATIO	10.0						
COMMITTED CAPITAL FUNDS:							
AMBULANCE GARAGE	4,140,307						
	4,140,307						
PROJECTS IN PROGRESS	754,721						
COMMITTED FUNDS BALANCE	3,345,279						
SOWWITTED TONDS BALANCE	5,545,279						
TW CLARK TOTAL CONTRACT	2,589,000						
TOTAL PAID	237,635						
TW CLARK BALANCE	2,351,365						

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## **Balance Sheet**

	Year to Date	Prior Year End	Change
CASH	3,963,096	4,094,414	(131,317)
ACCOUNTS RECEIVABLE	180,650	172,928	7,722
TAXES RECEIVABLE	205,705	40,928	164,777
PREPAIDS	18,599	3,918	14,681
INVESTMENTS	1,550,801	2,289,190	(738,388)
CURRENT ASSETS	5,918,852	6,601,377	(682,526)
	040 504	040 504	0
	843,524	843,524	0
PROPERTY, PLANT,& EQUIPMENT	7,314,212	6,532,311	781,901
ACCUMULATED DEPRECIATION	(3,519,166)	(3,357,901)	(161,265)
NON CURRENT ASSETS	4,638,571	4,017,935	620,636
NET PENSION ASSET	528,878	528,878	0
DEFERRED OUTFLOWS	70,990	70,990	0
ASSETS	11,157,290	11,219,180	(61,890)
ACCOUNTS PAYABLE	38,437	42,674	(4,238)
INTEREST PAYABLE	(529)	11,871	(12,399)
ACCRUED PAYROLL	28,186	28,416	(12,000)
ACCRUED BENEFITS	75,014	66,907	8,106
CEUCC SUBSIDY PAYABLE	171,844	183,790	(11,946)
CURRENT PORTION REVENUE BOND - LTGO	278,985	278,985	(11,010)
CURRENT LIABILITIES	591,937	612,643	(20,706)
LONG TERM REVENUE BOND - LTGO	3,631,639	3,910,624	(278,985)
NET PENSION LIABILITY	13,772	3,910,024 13,772	(278,983)
DEFERRED INFLOWS - PENSION	630,310	630,310	0
DEFERRED INFLOWS - LEVY	123,185	030,310	123,185
NONCURRENT LIABILITIES	4,398,906	4,554,706	(155,800)
	4,000,000	4,004,100	(100,000)
LIABILITIES	4,990,843	5,167,349	(176,506)
NET INCOME (LOSS)	114,616	0	114,616
UNRESTRICTED FUND BALANCE	6,051,831	6,051,831	0
FUND BALANCE	6,166,448	6,051,831	114,616
TOTAL LIABILITIES AND NET POSITION	11,157,290	11,219,180	(61,890)

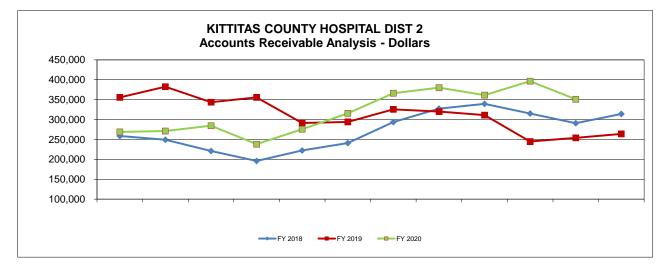
## Statement of Cash Flows

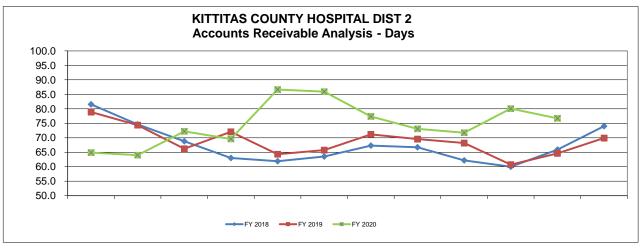
NET BOOK INCOME	<u>CASH</u> 114,616
ADD BACK NON-CASH EXPENSE DEPRECIATION	161,265
NET CASH FROM OPERATIONS	275,881
CHANGE IN CURRENT ASSETS	
PATIENT ACCOUNTS AND OTHER RECEIVABLES	(7,722)
PROPERTY TAX RECEIVABLE	(164,777)
PREPAID EXPENSE	(14,681)
TOTAL CHANGE IN CURRENT ASSETS	(187,180)
	(704 004)
PURCHASE OF PROPERTY, PLANT & EQUIPMENT NET PENSION ASSET	(781,901) 0
DEFERRED OUTFLOWS	0
INCREASE IN INVESTMENTS	738,388
PROCEEDS FROM SALE/MATURITY OF INVESTMENTS	,
TOTAL CHANGE IN ASSETS	(230,693)
	(230,693)
CHANGES IN CURRENT LIABILITIES	
	(4,238)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE	
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE	(4,238) (12,399)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL	(4,238) (12,399) (229)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS	(4,238) (12,399) (229) 8,106
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES	(4,238) (12,399) (229) 8,106 (11,946) (20,706)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES PRINCIPLE PAYMENT ON REVENUE BOND	(4,238) (12,399) (229) 8,106 (11,946)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES	(4,238) (12,399) (229) 8,106 (11,946) (20,706) (278,985) 0
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES PRINCIPLE PAYMENT ON REVENUE BOND NET PENSION LIABILITY	(4,238) (12,399) (229) 8,106 (11,946) (20,706)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES PRINCIPLE PAYMENT ON REVENUE BOND NET PENSION LIABILITY	(4,238) (12,399) (229) 8,106 (11,946) (20,706) (278,985) 0 123,185 (131,317)
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES PRINCIPLE PAYMENT ON REVENUE BOND NET PENSION LIABILITY DEFERRED INFLOWS OF RESOURCES	(4,238) (12,399) (229) 8,106 (11,946) (20,706) (278,985) 0 123,185
CHANGES IN CURRENT LIABILITIES ACCOUNTS PAYABLE INTEREST PAYABLE ACCRUED PAYROLL ACCRUED BENEFITS CEUCC SUBSIDY PAYABLE TOTAL CHANGE CURRENT LIABILITIES PRINCIPLE PAYMENT ON REVENUE BOND NET PENSION LIABILITY DEFERRED INFLOWS OF RESOURCES NET CHANGE IN CASH	(4,238) (12,399) (229) 8,106 (11,946) (20,706) (278,985) 0 123,185 (131,317)



KITTITAS COUNTY HOSPITAL DIST 2 Accounts Receivable Analysis

May-20 Nov-20 Oct-20 Sep-20 Aug-20 Jul-20 Jun-20 Apr-20 Mar-20 Feb-20 Jan-20 Dec-19 SYS DESIGN EMS A/R Dollars 350,930 396,435 361,527 380,287 366,072 315,687 275,755 238,171 \$ 284,511 \$ 271,344 268,798 264,049 A/R Days 72 76.7 80.1 71.7 73.1 77.4 85.9 86.6 69.6 64 65 70







#### KITTITAS COUNTY HOSPITAL DIST 2

#### BOARD MEETING NOVEMBER 2020 ACTIVITY

#### ACCOUNTS PAYABLE WARRANTS/ EFTS TO BE APPROVED

CHECK DATE:

# 1 WARRANT NUMBERS: # 2 WARRANT NUMBERS: # 3 WARRANT NUMBERS: # 4 WARRANT NUMBERS:	11692-11717 11718-11730 11731 11732-11775	NET AMOUNT: NET AMOUNT: NET AMOUNT:	\$50,040.75 \$242,881.72 \$209,540.00 \$131,522.01	3-Nov-20 16-Nov-20 17-Nov-20 30-Nov-20
			\$633,984.48	

#### PAYROLL WARRANTS / EFTS TO BE APPROVED

PPE 11-07-2020 PPE 11-21-2020	NET AMOUNT: NET AMOUNT:	\$30,183.68 <u>\$30,266.66</u> \$60,450.34	13-Nov-20 27-Nov-20
TOTAL NET WARRANTS & EFT'S		\$694,434.82	

Kittitas County Hospital District #2 Detailed Statement of Accounts Payable Transactions Month of November 2020



Account Class	_ Check No Vendor	Amount
Balance Sheet	11695 CITY OF CLE ELUM	22,209.00
	11707 KITTITAS VALLEY HEALTHCARE	6,500.00
	11719 BAER TESTING, INC.	3,182.50
	<b>11720 BELSAAS &amp; SMITH CONSTRUCTION INC</b>	51,359.40
	11726 KDA ARCHITECTURE INC	11,352.00
	11729 TW CLARK CONSTRUCTION, LLC	166,961.57
	11735 CITY OF CLE ELUM	316.75
	11767 PUGET SOUND ENERGY	31,001.25
	11769 RANDY KAISER	288.77
	11774 TW CLARK CONSTRUCTION, LLC	70,673.04
	11732 AFLAC	740.27
	11745 DIMARTINO ASSOCIATES	108.36
	11748 IAFF 4880	1,300.46
	11698 DEPARTMENT OF RETIREMENT SYSTEMS	3,408.36
	11722 DEPARTMENT OF RETIREMENT SYSTEMS	3,580.82
	11723 DEPARTMENT OF RETIREMENT SYSTEMS	1,166.12
	11743 DEPARTMENT OF RETIREMENT SYSTEMS	3,596.67
	11744 DEPARTMENT OF RETIREMENT SYSTEMS	963.90
	11731 CASHMERE VALLEY BANK	68,871.97
	11731 CASHMERE VALLEY BANK	94,332.78
	11731 CASHMERE VALLEY BANK	46,335.25
Employee Benefits	11698 DEPARTMENT OF RETIREMENT SYSTEMS	2,206.99
	11722 DEPARTMENT OF RETIREMENT SYSTEMS	2,490.60
	11743 DEPARTMENT OF RETIREMENT SYSTEMS	2,418.86
	11733 BETH WILLIAMS	45.00
	11734 CAROL JACQUES	60.00
	11739 COLE GRAVEL	75.00
	11741 DAKODA FENTER	90.00
	11742 DENISON HOOD-LEWIS	15.00
	11752 JASON BOITANO	30.00
	11753 JEFF BEATY	15.00
	11754 JIM SCHOEGGL	15.00
	11757 LEE HADDEN	45.00
	11759 MARK VAN MAREN	30.00
	11760 MATT MCCABE	45.00
	11761 MATT SCHAUER	45.00
	11764 NATE HENDERSON	60.00
	11770 SONYA VRAVES	45.00
	11772 STEVE CHRISMAN	30.00
	11773 TOM WATKINS	30.00
Supplies	11692 CARDINAL HEALTH 112, LLC	396.54
	11692 CARDINAL HEALTH 112, LLC	50.94

11692 CARDINAL HEALTH 112, LLC	44.76
11707 KITTITAS VALLEY HEALTHCARE	858.13
11708 LIFE ASSIST, INC.	69.60
11708 LIFE ASSIST, INC.	17.40
11708 LIFE ASSIST, INC.	23.82
11708 LIFE ASSIST, INC.	518.42
11708 LIFE ASSIST, INC.	57.87
11708 LIFE ASSIST, INC.	71.47
11716 TELEFLEX MEDICAL INC	1,789.50
11758 LIFE ASSIST, INC.	455.76
11713 OXARC INC	138.34
11713 OXARC INC	120.05
11766 OXARC INC	271.38
11766 OXARC INC	176.55
11696 DAKODA FENTER	15.96
11714 SONYA VRAVES	6.68
11715 SONYA VRAVES	10.36
11718 AMAZON	81.99
11718 AMAZON	56.66
11718 AMAZON	40.53
11718 AMAZON	199.75
11718 AMAZON	74.52
11718 AMAZON	(21.58)
11738 CLE ELUM HARDWARE & RENTAL	28.06
11738 CLE ELUM HARDWARE & RENTAL	5.39
11703 GALLS, LLC	62.22
11703 GALLS, LLC	638.88
11746 GALLS, LLC	98.51
11746 GALLS, LLC	88.37
11746 GALLS, LLC	86.39
11746 GALLS, LLC	90.39
11746 GALLS, LLC	176.74
11746 GALLS, LLC	323.44
11704 GOOD TO GO	50.00
11705 JAMES OIL CO., INC.	425.64
11751 JAMES OIL CO., INC.	406.55
11771 STATE DEPARTMENT OF TRANSPORTATION	1,701.32
11694 CENTURYLINK	118.78
11710 MCI	37.67
11717 VERIZON	1,056.72
11749 INLAND NETWORKS	91.76
11699 DISH NETWORK	127.78
11749 INLAND NETWORKS	150.00
11755 KITTITAS COUNTY FIRE DISTRICT #7	200.00
11755 KITTITAS COUNTY FIRE DISTRICT #7	200.00
11768 PUGET SOUND ENERGY	29.74
11735 CITY OF CLE ELUM	106.84
11735 CITY OF CLE ELUM	494.03
11735 CITY OF CLE ELUM	156.18

Utilites

**Travel & Education** 

Other Direct Expenses

11693 CAROL JACQUES	25.00
11702 FAMILY HEALTH CARE OF ELLENSBURG	56.30
11736 CITY OF CLE ELUM FIRE DEPARTMENT	200.00
11750 JACKSON HORSLEY	400.00
11755 KITTITAS COUNTY FIRE DISTRICT #7	200.00
11755 KITTITAS COUNTY FIRE DISTRICT #7	200.00
11706 KITTCOM	7,961.25
11700 ELIZABETH ALLGOOD	30.52
11721 DALE SCOTT OLANDER	32.20
11725 JULIE PETERSEN	32.20
11756 KITTITAS VALLEY HEALTHCARE	3,860.82
11756 KITTITAS VALLEY HEALTHCARE	4,978.60
11730 YAKIMA ADJUSTMENT SERVICE INC	412.49
11728 SYSTEMS DESIGN	1,686.00
11738 CLE ELUM HARDWARE & RENTAL	12.95
11737 CLE ELUM FARM & HOME	323.89
11737 CLE ELUM FARM & HOME	(10.12)
11738 CLE ELUM HARDWARE & RENTAL	55.94
11755 KITTITAS COUNTY FIRE DISTRICT #7	202.13
11755 KITTITAS COUNTY FIRE DISTRICT #7	202.13
11755 KITTITAS COUNTY FIRE DISTRICT #7	447.83
11755 KITTITAS COUNTY FIRE DISTRICT #7	747.29
11763 MOUNTAIN AUTO PARTS	49.62
11763 MOUNTAIN AUTO PARTS	129.51
11775 WILLETTES SHELL SERVICE	1,432.90
11711 MICROSOFT	432.00
11711 MICROSOFT	15.12
11762 MICROSOFT	432.00
11762 MICROSOFT	15.12
11724 FAST LANE SIGNS	155.95
11709 MATT MCCABE	97.00
11697 DAKODA FENTER	26.68
11747 GEOFF SCHERER	92.00
11712 NORTHERN KITTITAS CO TRIBUNE	360.00
11727 NORTHERN KITTITAS CO TRIBUNE	38.00
11740 DAILY RECORD	36.67
11765 NORTHERN KITTITAS CO TRIBUNE	28.50
11765 NORTHERN KITTITAS CO TRIBUNE	25.50
11765 NORTHERN KITTITAS CO TRIBUNE	38.00
11701 ESTATE OF JOYLYNNE GARTIN	5.00
	633,984.48

## Kittitas County Public Hospital District No. 2 2021 Budget Assumptions

#### Transports and Revenue

- Volume budget is based on assumption that the number of transports will return to 2019 levels. (68 transports per month = 816 total transports) at an average charge per transport of \$2,188 per transport.
- No change to service mix of ALS and BLS transports.
- Assumes a 3.9% charge increase for district residents and a 6.7% charge increase for non-district transports (34% of transports).
- Assumes no change to payer mix.
- Deductions include GEMT estimated cost per transport factor.

#### **Expense Assumptions**

- Wages and Benefits represent 55.4% of our operating expense. The 2021 budget factors in the annual wage increase as per the labor agreement of 5% plus step increases that approximate an additional 2.5%. Wages and benefit factors in the assumption that HD2 will provide 500 hours of a Paramedic at overtime rates on weekends and holidays at Snoqualmie Pass from January through April 2021. The budget assumes the same mix of EMTs, Paramedics and utilization of overtime.
- Current utilization of health plan.
- Professional fees architect fees will be capitalized as part of the ambulance station project. The remaining professional fees are for the annual audit and for GEMT cost report preparation.
- Supplies current supply utilization trend plus 10% inflation factor plus a growth factor of 7%. There continue to be supply chain problems which may impact the price the district pays to purchase supplies.
- Utilities assumes a growth factor due to the large new station and operating the old and new station for a period of time.
- Purchase services 6% increase for Kittcom plus a growth factor.
- Cle Elum Urgent Care Clinic Subsidy increase of 2% per contract.
- Depreciation depreciation of current assets, one month of the new ambulance station plus a new ambulance purchased for \$260k.
- Insurance trended 2020 expenses plus estimate for rate increase.
- License and taxes 2.8% of ambulance net revenue based on history.
- Interest expense based on debt schedule.
- Travel and education \$27,000 for two qualified Kittitas County EMTs to complete Paramedic training plus \$500 for each of 10 FT employees to attend training conferences.

#### Levy Assumptions

• The EMS Levy increase of 1% will yield \$7,142 for existing property plus the levy amount of \$34,048 for new construction will yield a total of \$41,190.

• The Maintenance and Operation increase of 1% will yield \$7,640 for existing property plus the levy amount of \$35,840 for new construction will yield a total increase of \$43,480.

#### <u>Capital</u>

The new ambulance station will be completed December 2021. A new ambulance valued at \$260k will be placed in service October 2021.

#### Kittitas County Public Hospital District No. 2 Proposed 2021 Budget - Combined

Runs	786	764	756	816
Account	2019 Actual	2020 Projected	2020 Budget	2021 Proposed Budget
INTEREST INCOME	78,420	1,333	27,000	1,200
RENTAL INCOME	276,996	278,868	278,868	284,626
OTHER OPERATING REVENUE	4,654	22,640	1,200	0
AMBULANCE REVENUE	1,641,472	1,574,725	1,739,041	1,785,102
Total Revenue	2,001,542	1,877,566	2,046,109	2,070,928
CONTRACTUAL ADJUSTMENTS	278,923	593,362	781,818	699,940
BAD DEBT	68,867	69,572	98,942	87,205
CHARITY CARE	4,237	6,633	5,000	3,656
Deductions from Revenue	352,027	669,567	885,760	790,801
Net Operating Income	1,649,515	1,207,999	1,160,349	1,280,127
SALARIES AND WAGES	981,433	1,072,301	1,013,700	1,200,230
EMPLOYEE BENEFITS	341,000	342,046	333,550	398,324
PROFESSIONAL FEES	12,989	28,507	39,100	15,178
SUPPLIES	135,234	138,257	132,985	140,293
UTILITIES	29,331	26,827	35,529	31,827
PURCHASED SERVICES	239,375	257,667	258,946	276,995
CEUCC SUBSIDY EXPENSE	183,790	187,466	187,466	191,215
DEPRECIATION	318,451	317,503	365,785	329,168
INSURANCE	23,995	28,534	28,200	30,204
LICENSES AND TAXES	16,103	14,542	20,000	15,000
INTEREST EXPENSE	148,580	139,305	139,305	129,712
TRAVEL AND EDUCATION	8,852	7,295	17,200	34,916
OTHER DIRECT EXPENSES	8,404	9,097	8,000	9,807
Total Expenses	2,447,537	2,569,347	2,579,766	2,802,869
Operating Income (Loss)	(798,022)	(1,361,348)	(1,419,417)	(1,522,742)
Total Levy Income	1,403,051	1,486,382	1,488,845	1,562,850
Net Income (Loss)	605,029	125,034	69,428	40,108

# moo.eniinOebiuDerebiinB

standing 2007 all 2010 Line 4 "Miterest rate of 1.56 percent, a specific interest rate ited Tax and Unlimited Tax General Obligation Bonds. initially issued to finance fire

D

He said the district was able to lock-in lower interest rates because it has a strong

## **KVH computer systems** secure in face of attacks on nation's hospitals by Jim Fossett

jim@nkctribune.com

ELLENSBURG Thursday, Oct 29, NPR pub-Last lished an article entitled U.S. hospitals targeted in rising wave of ransomware attacks, federal agencies say. The hackers apparently are looking to infect systems or misuse them for financial gain. In Ellensburg, KVH Chief Public Relations Officer Michele Wurl provided the following response to the question: Has KVH been impacted?

"We are aware of this rising wave of ransomware attacks," she said, "and are con-

tinually reminding our staff of steps they should be taking to maintain vigilance.

"For instance, we've asked employees to: (1) question, scrutinize and verify before opening any e-mail attachment and links regardless of source, (2) only respond to verified, work-related e-mails, and (3) be sure to completely logoff machines when not in use."

Wurl said as of last Friday KVH had not experienced any attacks, intrusions or issues.

If you would like to read the entire NPR report referenced in this story, visit https://tinyurl.com/y56f3s5a.

develop and fell portant opportu our taxpayers w "It also et strengthen our bility by borro one at the sam refinancing. I overall debt iss also allowed u new apparatu time than we n It was a win for



It's easy to think, "I'm not going to get COVID. My family members are not going to get COVID," until a family member does get COVID. Family members around the country are dying every day because of this disease.

We need to take it seriously, wash our hands, cover our face and nose, and stay home. When we can't stay in, keep six feet apart. **It all matters and adds up to keeping the people we care about safe,** keeping our community safe. Trusted Voices On COVID-19



We will get through this. It's not going to last forever.

John Marrill-Staskal, MD KVH Family Medicine - Ellensburg

I think we're in one of the deepest, darkest times before we see the light, but we're going to see some vaccines coming out that will significantly help and get us on the road to recovery.



We know what we have to do. We know it works. We have to stay home. We have to recognize that anybody could be exposed. All you're really trying to do is, if somebody you live with is positive, you're trying to keep from sharing that with everybody you love. So we have to keep each other well. That means we have to keep each other away.

Our county is doing a better job than most. We should start to see the curve flatten in the next week or so, because of the changes we're making now. We can undo that by having our traditional Thanksgiving celebrations; we can put ourselves and the people we love in jeopardy by having our traditional Thanksgivings.

Thanksgiving is the favorite holiday in our household. We've had as many as 22 people for Thanksgiving dinner, and we love cooking that meal. This year it's just the two of us. And we'll wish that our five kids were there. I'm hopeful that next year we will all celebrate together.

## Trusted Voices On COVID-19







We could see a spike from people getting together without quarantining, close social contacts and intimate gatherings. That's the threat this holiday season: sitting for hours at a table with people that are from within your own home. My three children, coming from different colleges, are all going to quarantine for two weeks before they come home.

Prior to COVID, a significant part of my practice was upper and lower respiratory infection. Since masking was initiated, I have only seen a few contagious diseases. In the last 9 months I've seen 2 cases of strep and 3-4 cases of pneumonia. I would easily see this many in the course of a week prior to masking. Never in my 34+ years of working in medicine have I seen such a dramatic change in types of conditions treated. Masking works to prevent airborne disease. Trusted Voices On COVID-19



*Robert Merkel, PA-C* KVH Family Medicine - Cle Elum

One of the peculiarities about this illness is that the bulk of people seem to have relatively mild symptoms. And then there's a group of people with the same disease who have a horrible, severe illness. That's the rub - a lot of people are walking around, unaware that they're ill.



Our Medical Assistants have spouses, their children are going to school. And if one of them is ill, that MA has not been social distancing from their family at home. That staff member can't come to work. Our whole clinic operations are being affected, so protecting those family members in the community is very, very important.

Wearing a mask is not about you. It's about you protecting other people who can't protect themselves, people who aren't able to wear masks because of a health issue or because of a psychological issue.

Do the best you can to set a good example for people around you.

It's so hard, especially for two big groups of people: school-age children, even though they're back in school, and older adults, who are being restricted from activities that they would normally be doing for quality of life. Things are just really tough right now.

## Trusted Voices On COVID-19





KVH Family Medicine - Ellensburg



COVID is taking a toll on the patient care side of things. We've had staff out on quarantine, patients waiting longer for test results and medication refills when understaffed, adjusting to telemedicine. This just fuels the stress and anxiety that is already present with the pandemic. We have to support our patients and coworkers who may be having a particularly tough day.

It's definitely difficult, when we want to be present with our loved ones. But those that we really care about, we have to protect.

I've been doing Zooms with my grandparents, and it's brought out a lot of laughs for us. It's a challenge, but there are definitely ways to spend time with our loved ones without putting them at risk.

## Trusted Voices On COVID-19





KVH Family Medicine -Ellensburg



At the end of the day, no matter what your personal opinion is on masking, out of respect for healthcare workers and first responders and their families, we would ask you just to go ahead and take those precautions for the health of the whole community.

I drive around town and I see in the news, this cheering for healthcare workers going to work. And so, if you support healthcare workers, just wear your mask. No matter how you feel about it personally, if you support healthcare workers and care about the families we go home to, please protect us by wearing a mask.

In our small town, resources are limited. There are only so many law enforcement, first responders, and healthcare workers. If we get quarantined for two weeks at a time, that cripples our ability to deal with any emergency that comes up and provide quality care to those who need it.

## Trusted Voices On COVID-19



Die Casey, DO

KVH Women's Health & KVH Family Medicine -Ellensburg



It's going to make a big difference wearing a mask, whatever anyone can do in terms of doing their best. Think of it like a burn ban, when there are fires going on and it's windy, because of a fire close to us or within the state somewhere else. If the conditions are dangerous, then we need people to follow through for everyone's sake.

The problem isn't just, "Oh, there's going to be some elderly people. They might get sick and everyone else is going to be fine." The problem is that, of the people that we have seen with COVID-19 infection, it's difficult to determine who's going to get really sick. Even worse is not knowing who's going to have long-term, potentially permanent, disabling symptoms.

Holding holiday celebrations with extended family, which often includes grandparents, is a dangerous idea, and with the vaccine literally around the corner, it's a tragically dangerous idea. It's been a long 10 months. People just want this over with, but we really need to look to early spring, late winter - and we'll get through this.

## Trusted Voices On COVID-19



amin Feng, KVH Internal Medicine



# Thank you for your service!



**Jim Allen** KVH Cardiopulmonary Services

1979-1987 (Active) 1987-1991 (IMA Reserve) Admin Operation Desert Shield

#### Most memorable moment

Entering civilian life. My whole life I was an AF dependent or active duty. The discipline and exposure to other cultures was invaluable.

**Toni Clayton** KVH Quality Department

**Most memorable moment** 

1986-1991 Military Police, Special Duty Operation Desert Storm

I served in the USAF Presidential Honor

and the Inauguration and Honor Guard

Guard for President Ronald Reagan,

for President George H.W. Bush.

**David Swory** KVH Central Sterile Processing

1990-2011 Surgical Services Specialist Operation Enduring Freedom Operation Iraqi Freedom

**Most memorable moment** Building a special cast for an Army Sergeant Major from a front line tank brigade with a fractured tibia who wanted to "stay in the fight"

Michele Tsuchiyama Timmons KVH Revenue Cycle Services

12 years Inventory Management Specialist Gulf War (not deployed)

#### Most memorable moment

12/25/84 and 4/25/86 are the days my children were born at Clark AFB, Republic of the Philippines. They made me a mommy.





**Ryan Ahr** KVH Workplace Health

1992-2001 Combat Medic Operation Restore Hope-Somalia Operation Uphold Democracy-Haiti

#### Most memorable moment

Being able to bring food, water and immunizations to thousands of orphans in Somalia changed and motivated me to help others. Kathryn Houck

1988-1992 Military Police with Protective Service Specialization, Europe Desert Storm (not deployed)

#### Most memorable moment

Meeting my awesome husband made my life what it is today. Basic training taught me I am strong and capable. Alicia Martin KVH Medical/Surgical & Critical Care Units

> 2013-2018 Automated logistics specialist

**Most memorable moment** 

Meeting people from all over the world. I am more versatile and able to adapt more easily.



**Dr. Timothy O'Brien** KVH General Surgery 1967-1969 Captain, General Medical Officer Vietnam

#### **Most memorable moment**

Being transferred from outpatient hospital clinic, to Special Forces Dispensary. Was fun working with Special Forces personnel.



Daniel Oliver KVH Information Systems 1994-2006



**Daniel Timmons** KVH Information Systems

1976-2010



Vickie Barela KVH House Supervisor

1984-1994



Sherry Gentner KVH Internal Medicine 1987-1991

Communications Desert Storm, Balkans, OIF, OEF Command Sergeant Major Global War on Terrorism

Health Specialist Operation Desert Storm Operation Desert Shield Cook & Admin Operation Desert Storm

#### Most memorable moment

In Germany, I made life long friends that I still communicate with after 20 years of being away. It's made me truly appreciate family and friends.

#### Most memorable moment

I was selected to participate in the distinguished leader course. Most were given many months' notice to prepare. I had less than 1 hour. Most memorable moment

During Desert Storm I met an officer called "Animal," now my husband of 28 wonderful, adventurous years.

#### **Most memorable moment**

During Desert Storm, my husband was in the Marines overseas. I was a mom, taking care of two babies, 3 months, and 2.5 years old.



Randy Kaiser KVH Project Manager (Engineering)

> 1969-1973 Navy Special Forces, Seal Team One Vietnam



Lyzzie Opiela-Apodaca KVH Food & Nutrition Services

2002-2012 Hospital Corpsman & Supply Logistics Afghanistan, Iraq, Pakistan, Somalia Civil War, Ocean Shield, Libya, Uganda



Max Tilton KVH Critical Care Unit

1975-1979 Construction Mechanic Peacetime



Christy Ward KVH Pediatrics

22 years ARNP, Pediatrics Deployed to Cuba, Middle East

#### **Most memorable moment**

Numerous airmen and downed aircraft rescue and recover operations. The training to become a Navy Seal builds character.

#### Most memorable moment

The people I've served with are still my family today and my mentors are still my support system. **Most memorable moment** Nov. 19, 1979 - I woke up a free man, with the GI bill that I used to go to college.

#### **Most memorable moment**

Giving medical aid to people from other lands was very rewarding, as was the medical research and opportunities in education.



## If You Gather: A Safety Checklist

The safest choice this season is to not gather in person with people you don't live with. By making that choice, you will help control the spread of COVID-19. If you decide to gather with people from outside your household, there's always a risk of spreading COVID-19 infection. The tips below may help lessen that risk, but there will still be risk.

And remember, indoor social gatherings are not allowed unless all guests meet restriction requirements.

**Plan ahead.** The safest option is to gather virtually with anyone you don't live with. If you decide to gather in person, get really clear with friends and family about how you will make safety a priority when spending time together. Set some ground rules that will help everyone know what to expect.

**Review your guest list.** First, keep it small - less than five people you don't live with. Make sure you have room for everyone to stay six feet apart. Next, think about who you are inviting. Are there people who may be in a high risk category or children? Consider special needs and precautions as part of your planning. Remember, it's an act of caring to decide not to invite people who have a higher risk of getting very sick from COVID-19. Find other ways to connect virtually.

**Get creative.** Think about safer ways to gather that don't involve sharing a meal. Bundle up and meet for a walk or other outdoor activity — remember to stay six feet (2m) apart.

Spread out. Set up seating so that everyone can stay six feet (2m) apart at all times. Avoid gathering at a dining table.

**Keep it short.** Gather for less than two hours. Shorter periods of time give COVID-19 less chance to spread, and will make it less likely that someone will need to use a restroom. Shorter gatherings also make it easier to keep hands and surfaces properly sanitized.

**Do a health check.** Ask if anyone has had symptoms such as cough, fever or shortness of breath, in the last 2 weeks. Ask guests to check their temperature before arriving. Anyone with a fever—or who has had other symptoms, or knows they have been exposed to someone with COVID-19 within the last two weeks—should stay home.

**Consider the children.** Kids have trouble playing six feet apart, so wearing masks and not sharing toys or food may be the safest plan of action. Remember: kids under 2 should never wear masks!

**Make a food plan.** The safest option is to plan your gathering between meals. If you do offer a meal, separate food ahead of time into individual servings and avoid communal bowls and utensils.

**Get tested.** Get a COVID-19 test to make sure you're negative. It may take a few days to receive your test results, and you should quarantine at home while waiting for them. If you test negative, you still need to wear a mask and keep your distance from others when you socialize.

**Pre-event quarantine required for indoor social gatherings.** If you are considering having guests gather inside your home, they must meet the quarantine requirements outlined in the gathering restrictions. This is a good idea for outdoor gatherings as well.

For more on how to plan a safe holiday celebration, see coronavirus.wa.gov.





# November is National Hospice Month

**Hospice care** is a medical service that includes emotional support and spiritual resources for the terminally ill and their family members. It focuses on caring, not curing.



WHO Hospice patients must have an illness which is considered terminal.



Hospice offers basic medical care that focuses on pain and symptom control.



WHERE Hospice care usually

happens at home.

**HOW** Hospice care includes emotional support and spiritual resources for

patients, family & caregivers.

We deliver hospice care while placing a special emphasis on our patients' quality of life.







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## Oct. 24 from 10 a.m.-1 p.m. KVH Urgent Care 214 W 1st St, Cle Elum

enter Billings Ave. from 2nd St.

No insurance needed *Free* and *Open* to the public Pediatric Tdap, HPV and meningococcal booster vaccines available

while supplies last







## Free Drive Thru Flu Shot Clinic

## Oct. 24 10 a.m.-1 p.m.

#### KVH Urgent Care 214 W 1st St, Cle Elum enter Billings Ave. from 2nd St.

No insurance needed Free and Open to the public Pediatric Tdap, HPV and meningococcal booster vaccines available

while supplies last sponsored by Hospital District #2, Kittitas Valley Healthcare and Capture Cares Grant